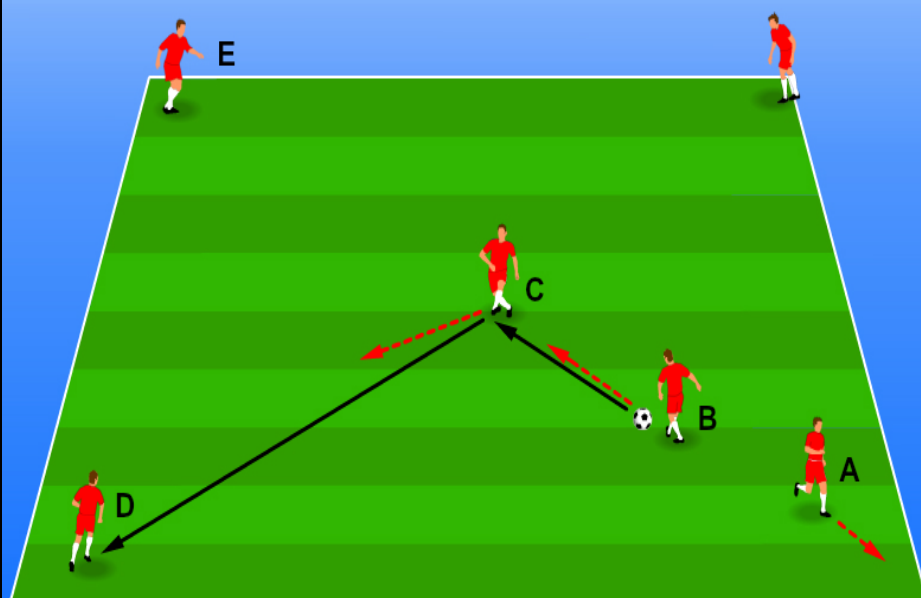
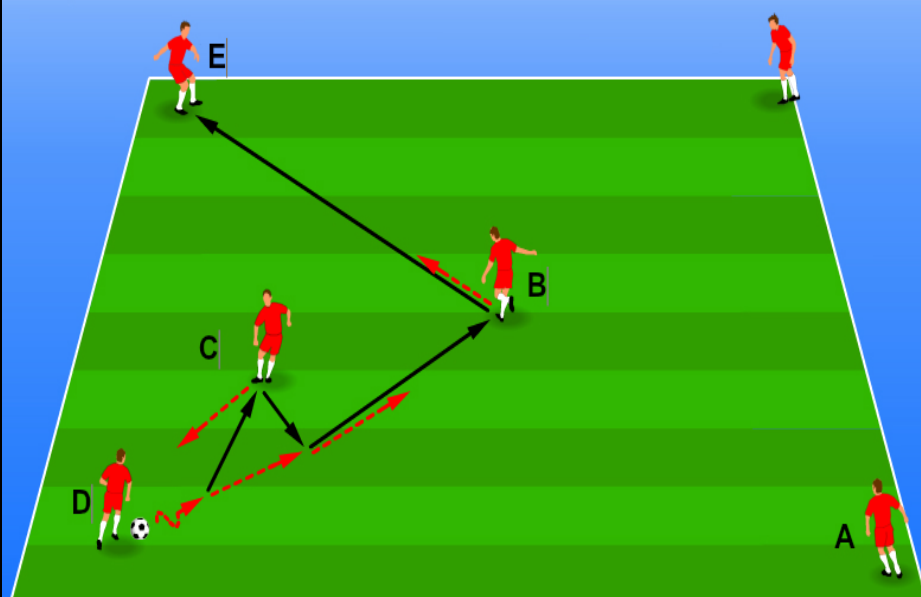


A



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B



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Procedure:

During the drill, the ball moves from a corner into the center, and then back out to the next corner. The sequence is as follows:

Diagram A: After Players A and B combine, Player B passes to Player C, and follows his own pass into the center. Player C passes out to Player D and follows his own pass.

Diagram B: Players C and D combine and then pass to Player B in the center. From there, Player B passes to Player E in the next corner, and then follows his pass to combine with him.

The combinations:

- #1 Layoff Pass
- #2 Wall Pass
- #3 Takeover/Heel Pass

Coaching Points:

- 1 **Passing** – Put your pass onto the correct foot of the receiver so that he can make a one touch pass.
- 2 **Speed of Play** – Time your runs so that you can sprint to the ball rather than stand and wait for a pass.
- 3 **Receiving** – Be on your toes as you wait to receive so that you can adjust to an inaccurate pass.

Progressions:

- 1 The players can choose any of the combinations.