



Created using SoccerTutor.com Tactics Manager

#### ***Procedure:***

The four teams begin play with a player in each zone. Each team starts with a ball, and on the coaches signal they begin passing from zone to zone in either direction. When players pass to a teammate, all of the players on that team remain in their zones. When a player passes to someone on another team, he follows his own pass into that zone, combines with that player, and then sends his teammate into the next zone (see the blue team in the diagram). All of the players on that team must rotate into the next zone to balance the field.

#### ***Coaching Points:***

- 1 Vision – Concentrate on your own team, see thru the traffic, and anticipate your next run.
- 2 Decision Making – Don't force a combination. There has to be enough time and space.
- 3 Communication – Players without the ball must make the decisions and give information.

#### ***Progressions/Regressions:***

Regression 1 – Start the drill with two balls or only allow two teams to rotate.