



Created using SoccerTutor.com Tactics Manager

Procedure:

The goalkeeper begins the drill with a hard pass between the cones set up on the 18. If the pass is well struck, Player A lets the ball go thru to Player B or Player C. If the pass is weak, Player A can control and shoot right away from inside of the 'D'. When the ball goes thru, the receiver (Player B in the diagram) plays it back up to Player A, who then drops it off for Player C or B to finish. Any variety of three player combinations can be used to set up a finish. After three shots, the goalkeeper switches out.

Coaching Points:

- 1 First Touch – Touch the ball forward and create a good angle to strike the pass.
- 2 Ball Striking – Take a big last step to the ball, and then hit a driven ball with the laces.
- 3 Attitude – Whether you chose to move left or right, to stay home or come out – be aggressive!

Progressions/Regressions:

Progression 1 – Allow the player on the 18 to turn and shoot when he receives.

Progression 2 – Add a defender and play 3 v 1 to goal, then 3 v 2.