

**Procedure:**

To begin the drill, Player A combines with Player C on a double pass combination. As Player A strikes the first pass, Player B starts his overlapping run to goal. After Player C strikes his return pass, he spins to the outside and makes his overlapping run to goal. Player A then plays up to Player D, and Player D finishes the combination with a pass for Player C or Player B to finish. Upon completion, the shooters go to the cones and the passers go to the starting line.

Coaching Points:

- 1 Passing – Players must make accurate one touch passes or the sequence will be too slow.
- 2 Timing the Run – Watch the play develop and hold your run if an extra touch is made.
- 3 Feinting – Disguise the last pass to make it difficult for the GK to anticipate the finish.

Progressions/Regressions:

Progression 1 – Player A follows his pass in, giving Player D three shooters to pass to.