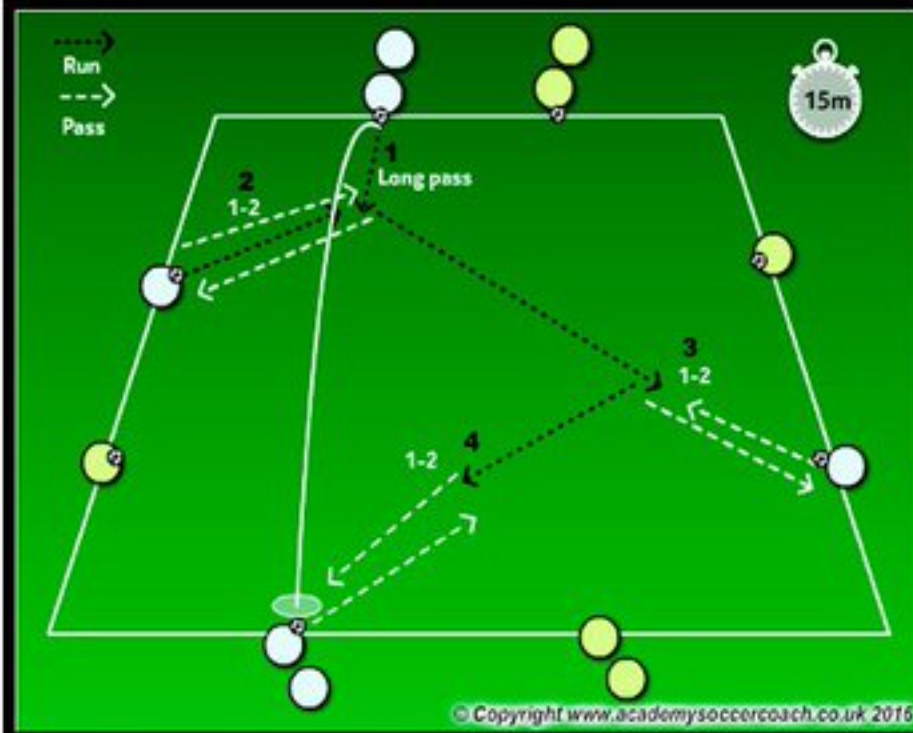


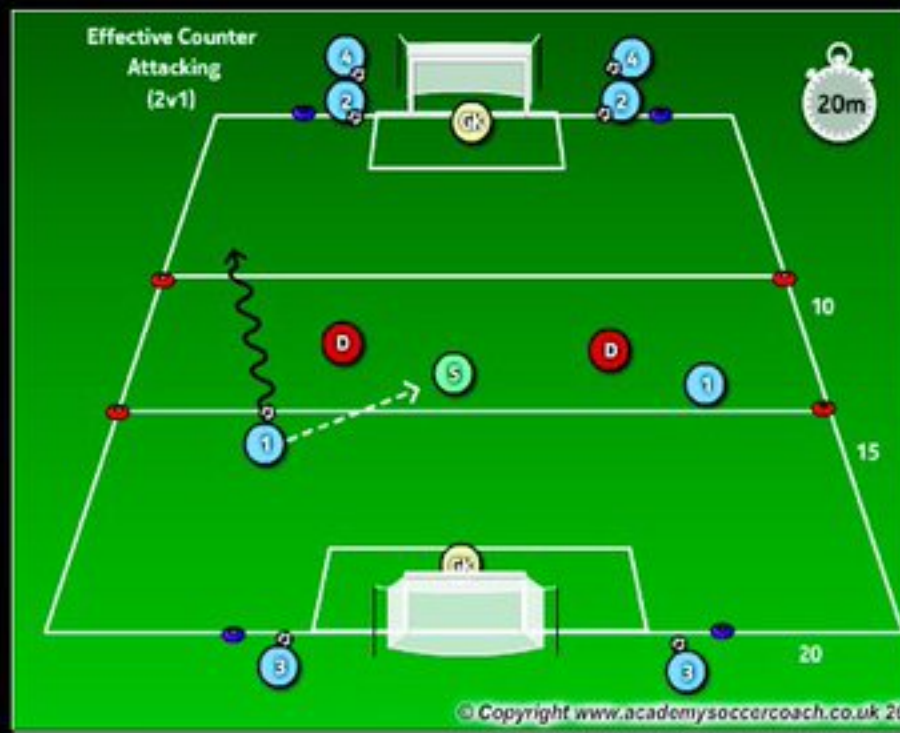
# Martin Lee Herdman Session Planner

Session; Complete Counter Attacking

## Part 1; Technique



## Part 2 ; Skill 1



## Part 3; Skill 2



## Part 4; SSG- Scenario



### Technical Challenges;

1. Receive the ball facing forward - hips open
2. Passing accuracy – in to space or feet
3. First touch – cushioned or in to space
4. Hold up play – back in, hold off
5. Finishing skills

### Key Individual Challenges, "TRY TO";

1. Recognise when to RWB or to pass
2. Recognise when to play balls in to space and in to feet
3. Recognise when to play forward & when to recycle

### Four Corner Focus;

Long passing

Solution box – players spend time in there

Speed

Non verbal comms

### Triggers;

1. "Decision"
2. "Drive or Deploy"
3. "Deliver"

### Team/Player Mentor;

1. Leicester
2. Mahrez & Vardy