



Created using SoccerTutor.com Tactics Manager

**Procedure:** Player A makes a sharp, checking run through the gate to receive a pass from Player B. Player A then passes back to Player C as Player B makes his run to the next gate. Player C passes to Player B, and Player A makes his run into the center to receive the next back pass. Play continues in this pattern as all three players return to the same gate to receive passes. After five minutes, the direction of play changes to counter-clockwise.

**Coaching Points:**

- 1 Speed of Play – Be ready to pass so that the player can receive just as he turns thru the gate.
- 2 Communication – Call for each pass early so that the passer can play one touch.
- 3 Vision – Watch each combination develop so that you can time your runs correctly.

**Progressions/Regressions:**

Progression 1 – Include wall passes and overlaps within each sequence.