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#### ***Procedure:***

The two teams play 6 v 6 plus two on a large field. The two neutrals act as wings/outside midfielders, and both teams play with a back four, a #9, and a #10. To score, an attacker must receive a pass inside of the end zone and maintain possession. The attacker may not enter the end zone until the thru pass is struck. After scoring, the attacking team keeps the ball and attacks in the opposite direction.

#### ***Coaching Points:***

- 1 Creating Space – Switch the field and force the back four to move towards the ball.
- 2 Blind Side Runs – Wait until the defender turns his head before making the run in behind.
- 3 The Thru Pass – As the defense steps up. Look to play a one touch pass thru or over the top.

#### ***Progressions/Regressions:***

Progression 1 – Run the same drill with large goals and goalkeepers.