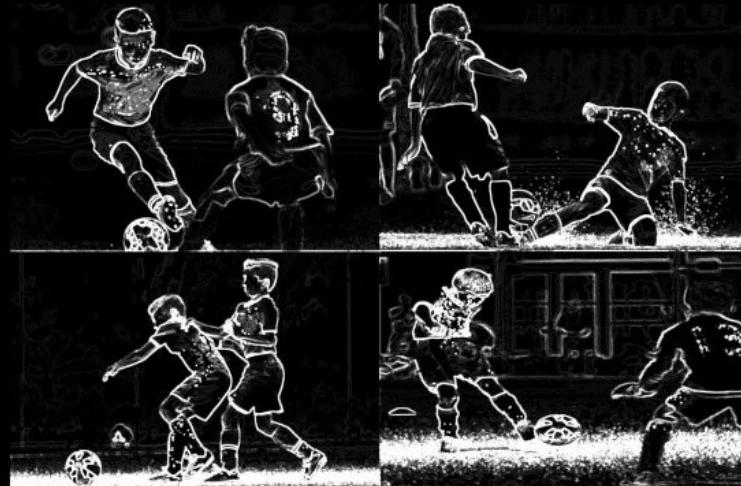


## 30 MULTI-OUTCOME 1V1 PRACTICES

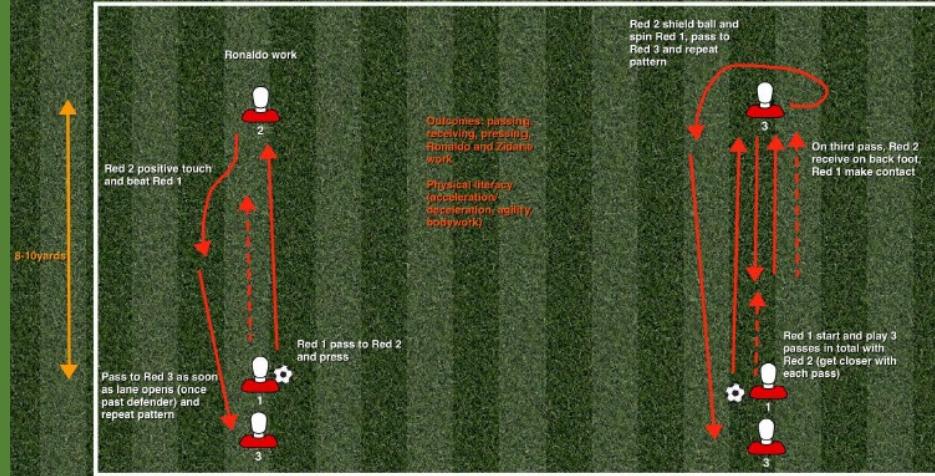


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## BASIC

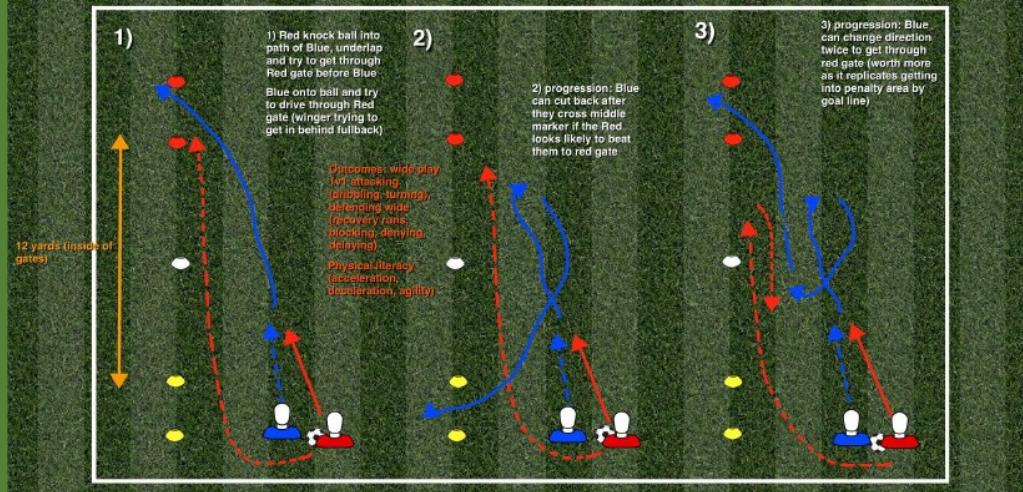
Warm up 1v1s  
Ronaldo and Zidane  
work (in 3s)



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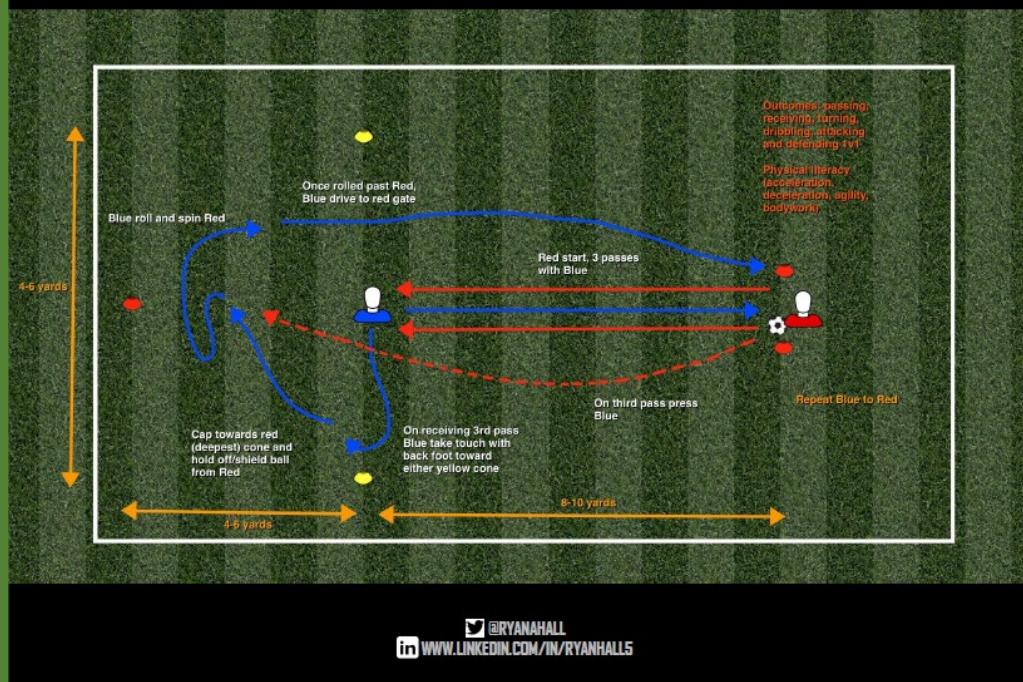
# BASIC

## 1v1 Beat the Fullback



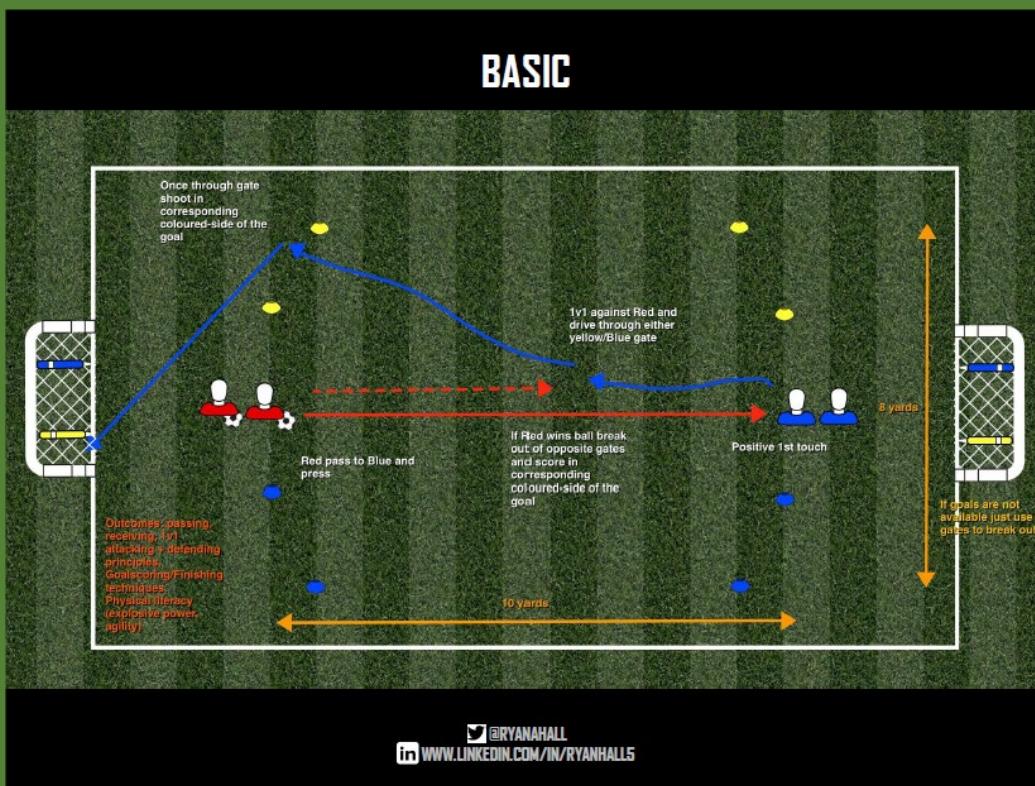
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# BASIC

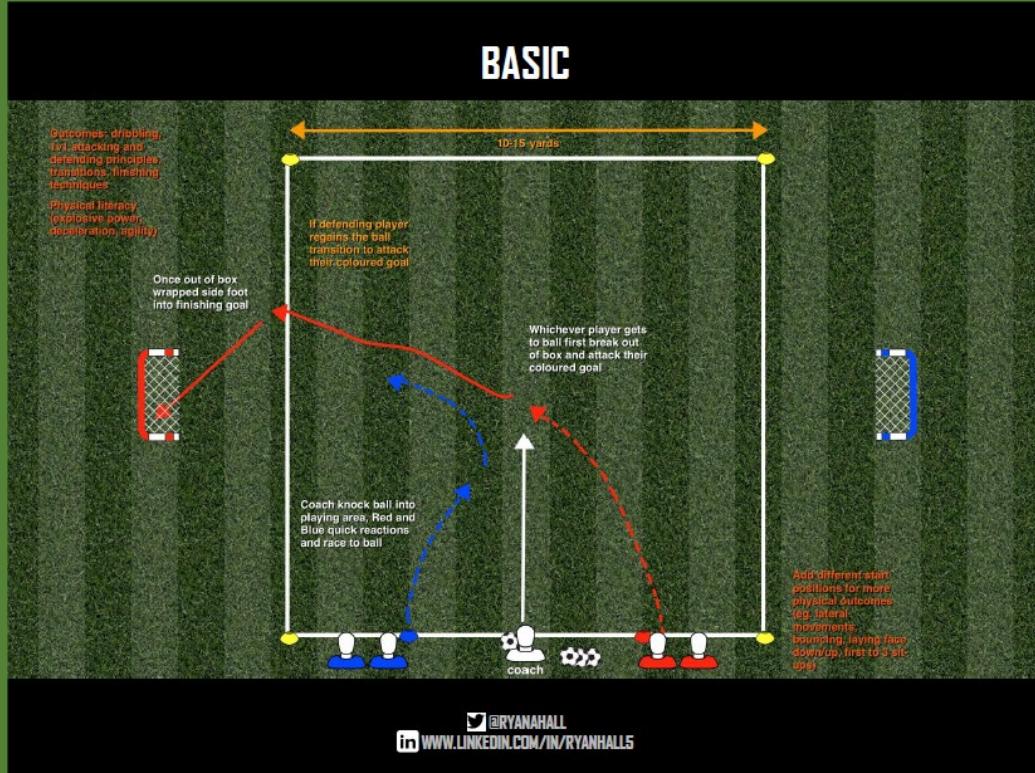


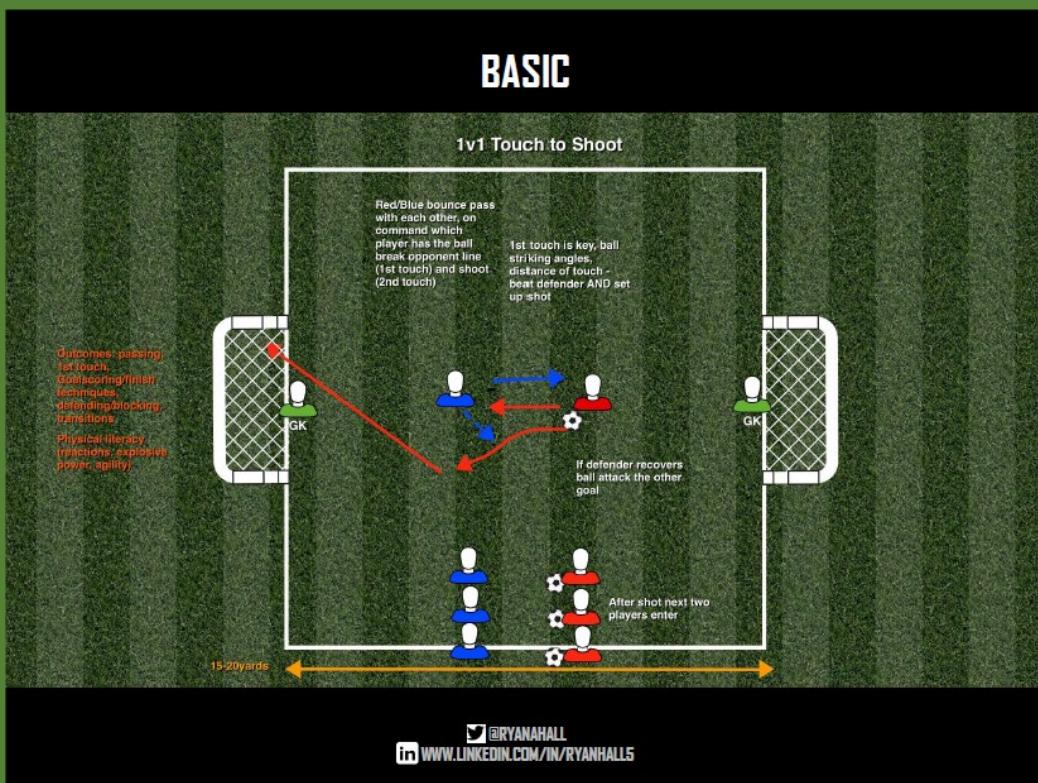
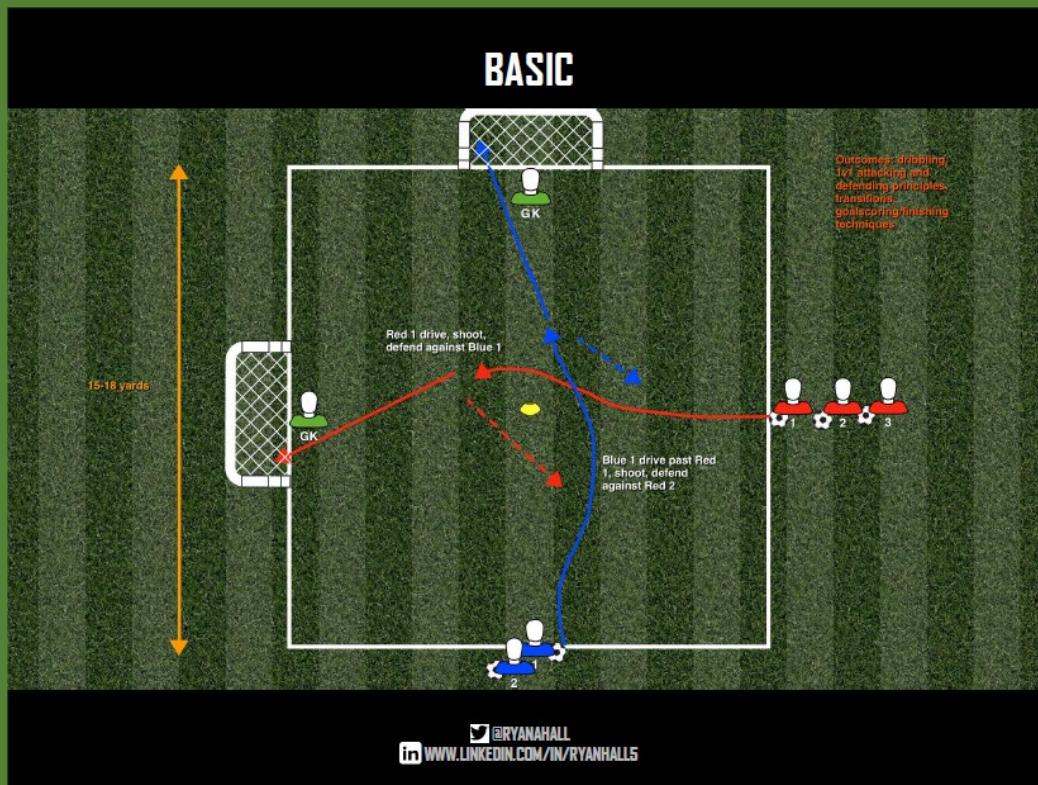
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## BASIC

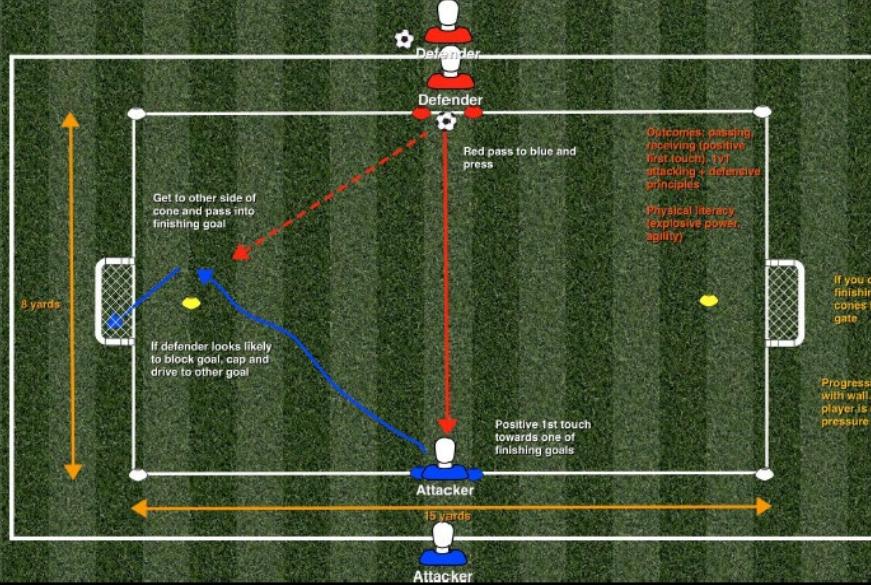


## BASIC



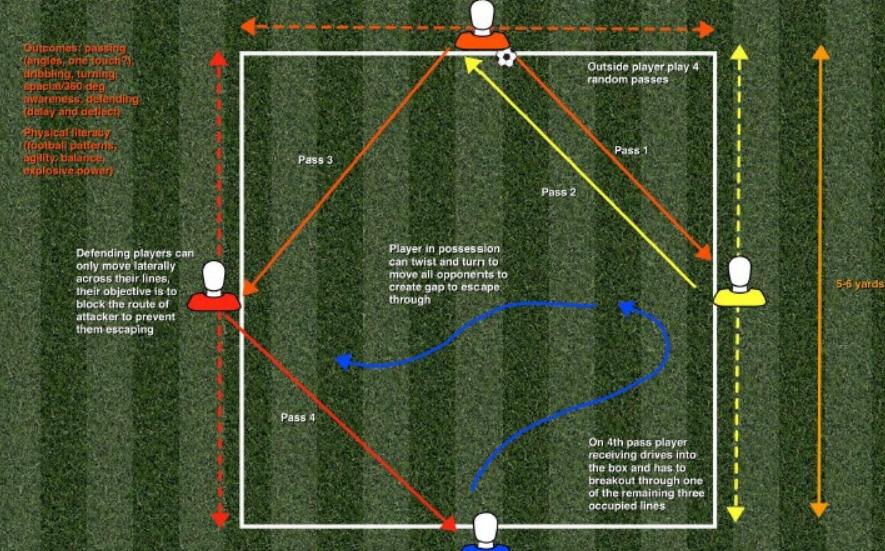


## BASIC



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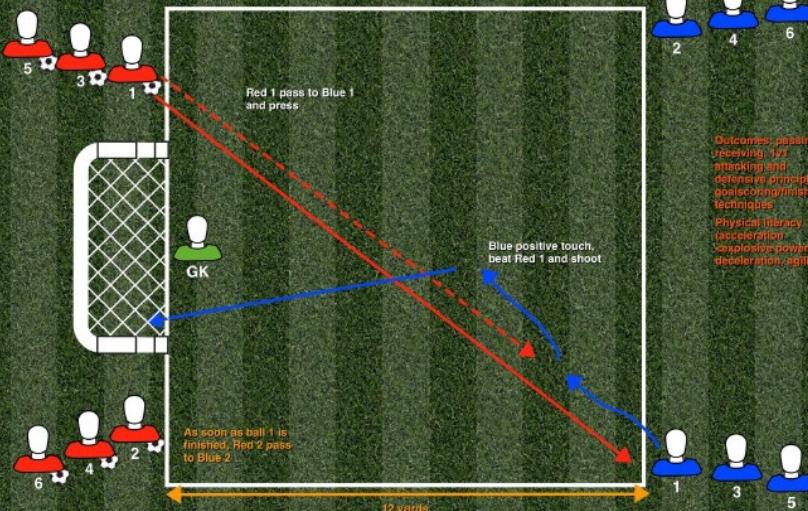
## BASIC



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## BASIC

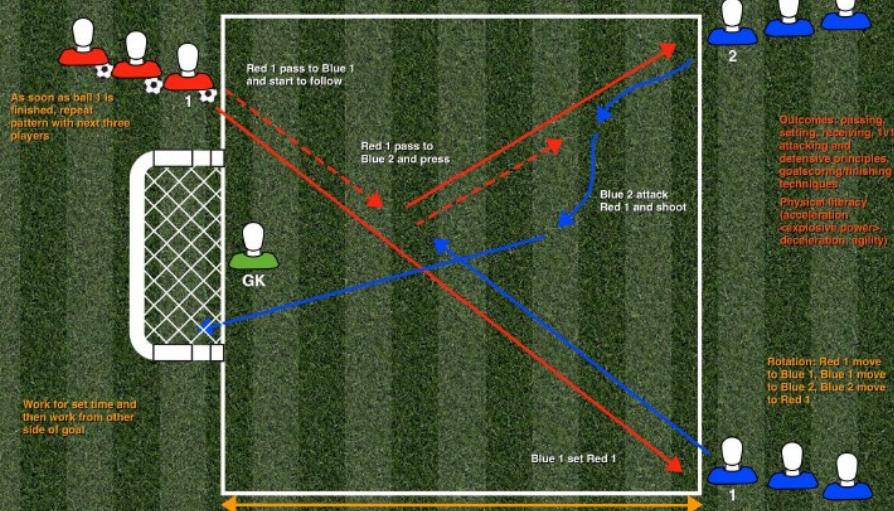
### Quick-fire 1v1



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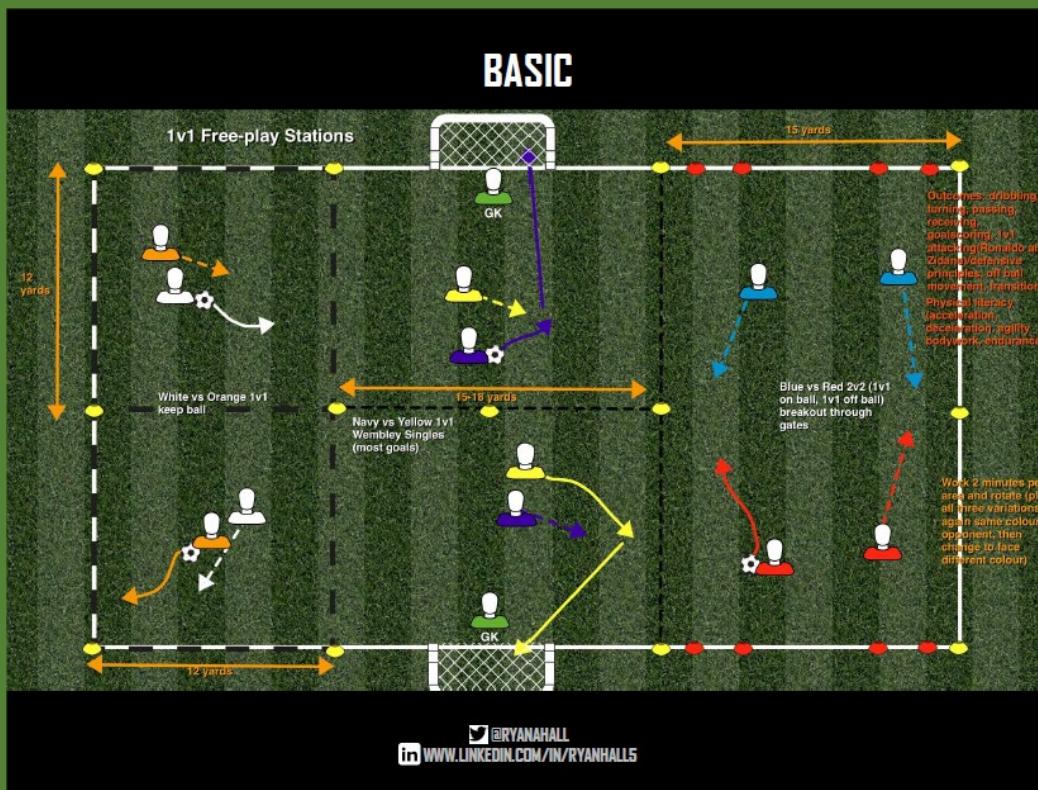
## BASIC

### Quick-fire 1v1 2

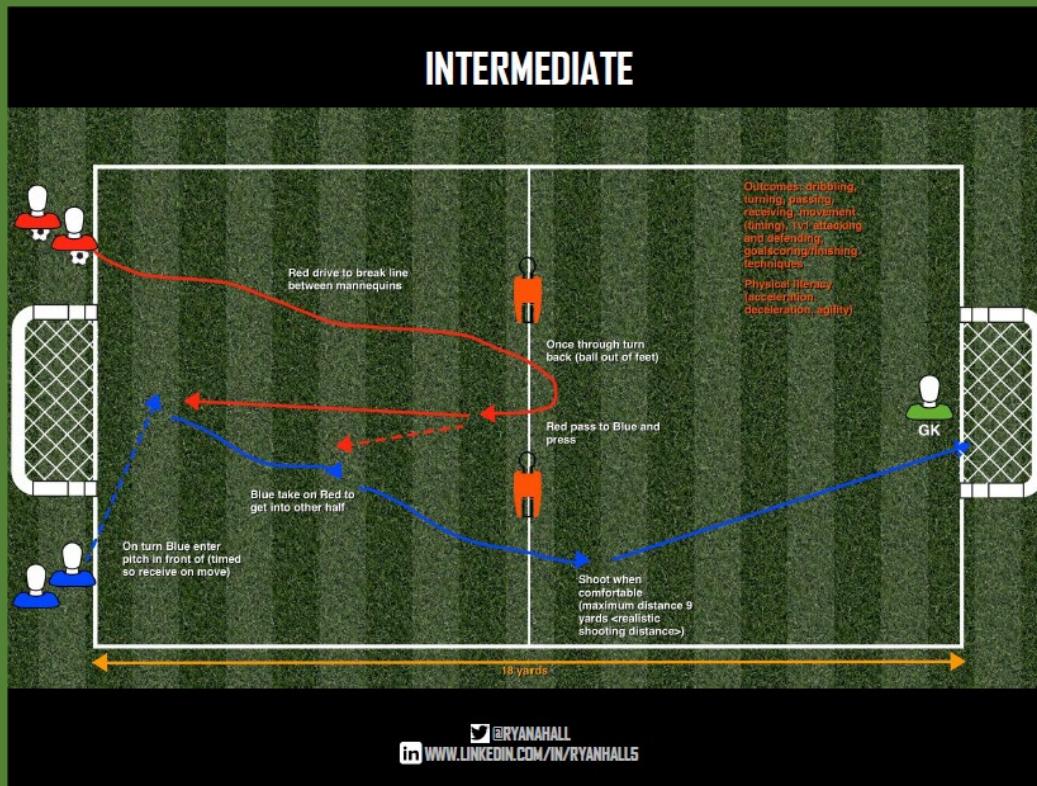


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## BASIC

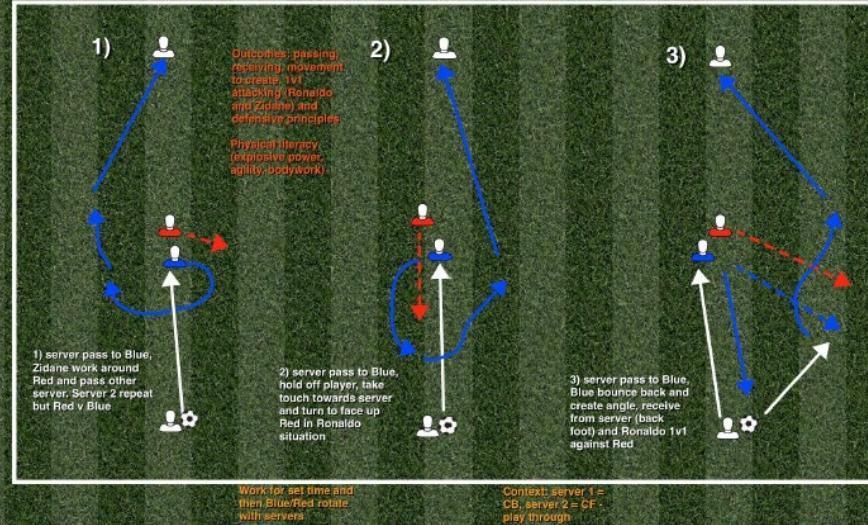


## INTERMEDIATE



## INTERMEDIATE

1v1 central midfield work (when marked)

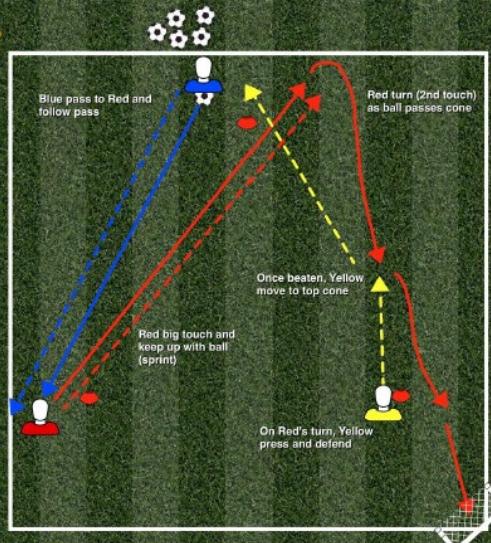


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## INTERMEDIATE

Players all rotate into new positions after each go. Repeat pattern

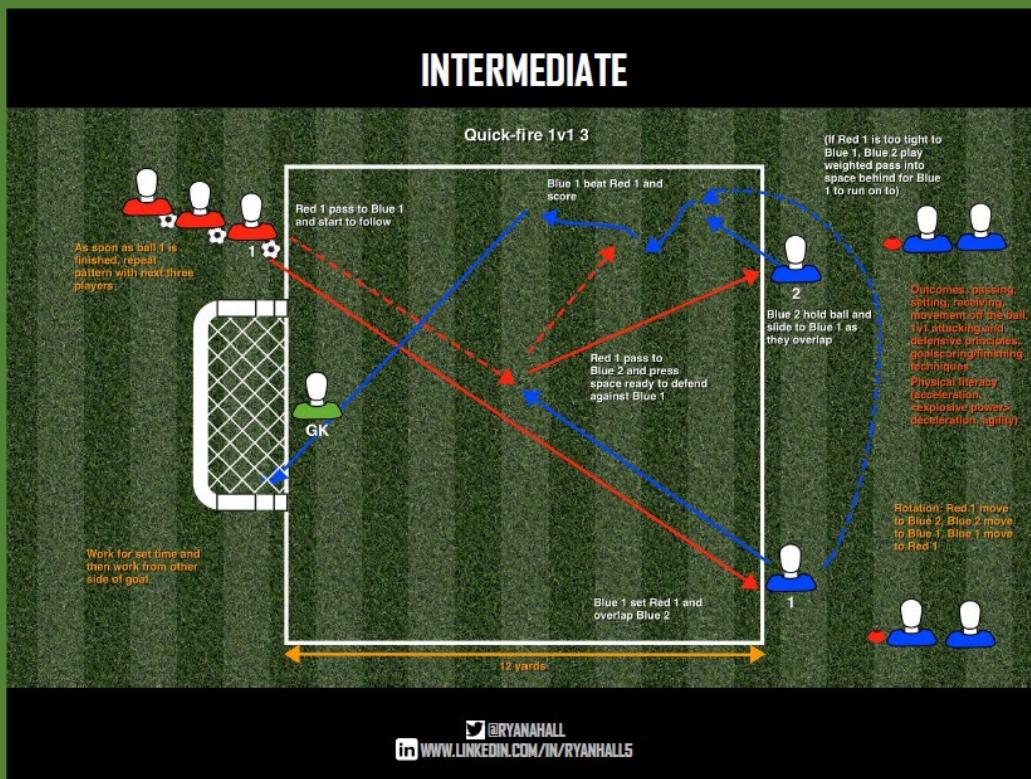
6-8 yards



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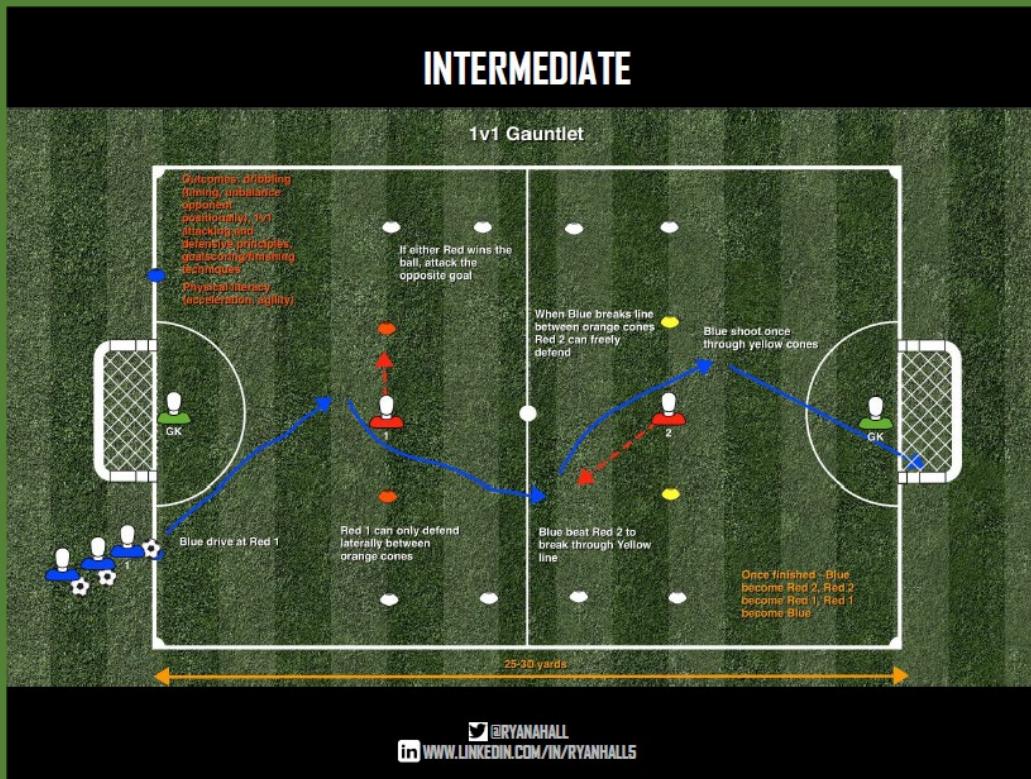
## INTERMEDIATE

### Quick-fire 1v1 3



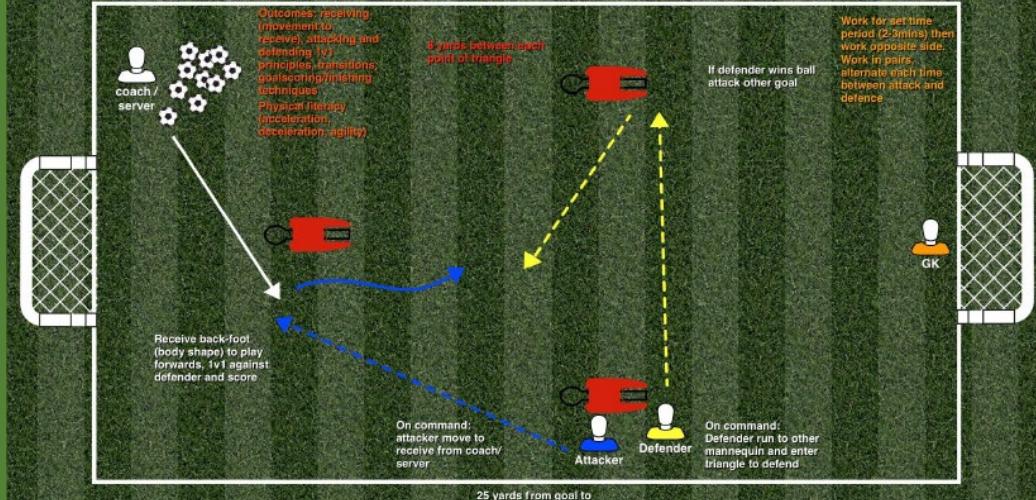
## INTERMEDIATE

### 1v1 Gauntlet



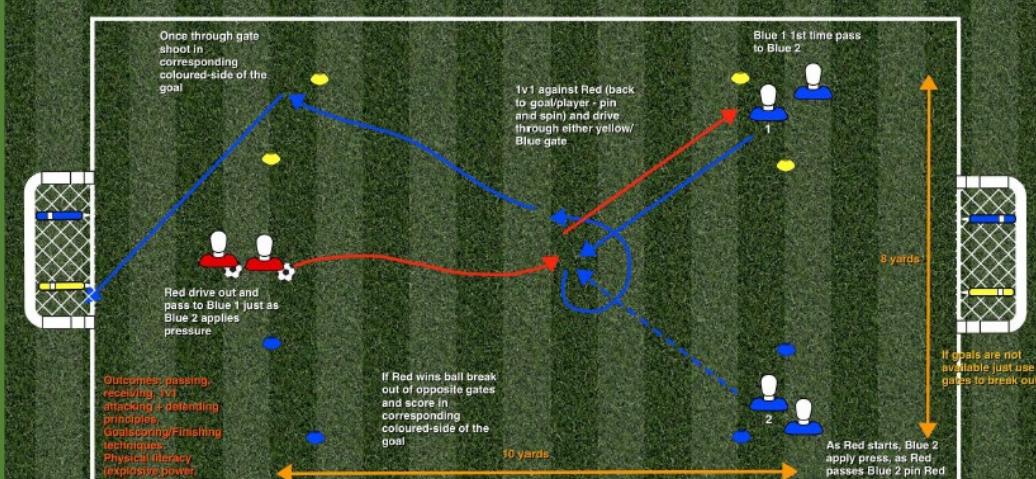
## INTERMEDIATE

### Basics of movement to receive into 1v1



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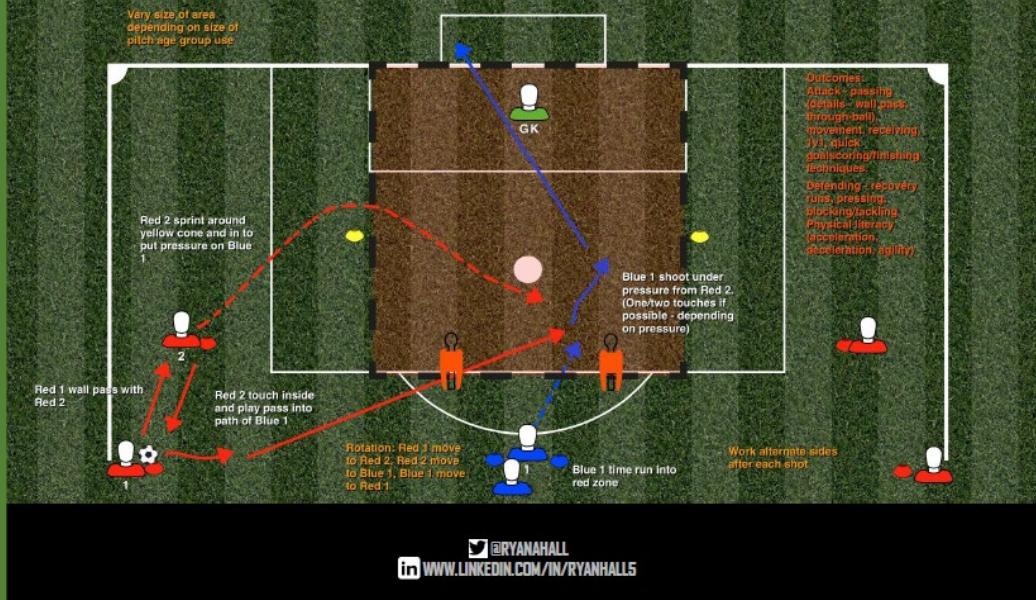
## INTERMEDIATE



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 [WWW.LINKEDIN.COM/IN/RYANHALLS](http://WWW.LINKEDIN.COM/IN/RYANHALLS)

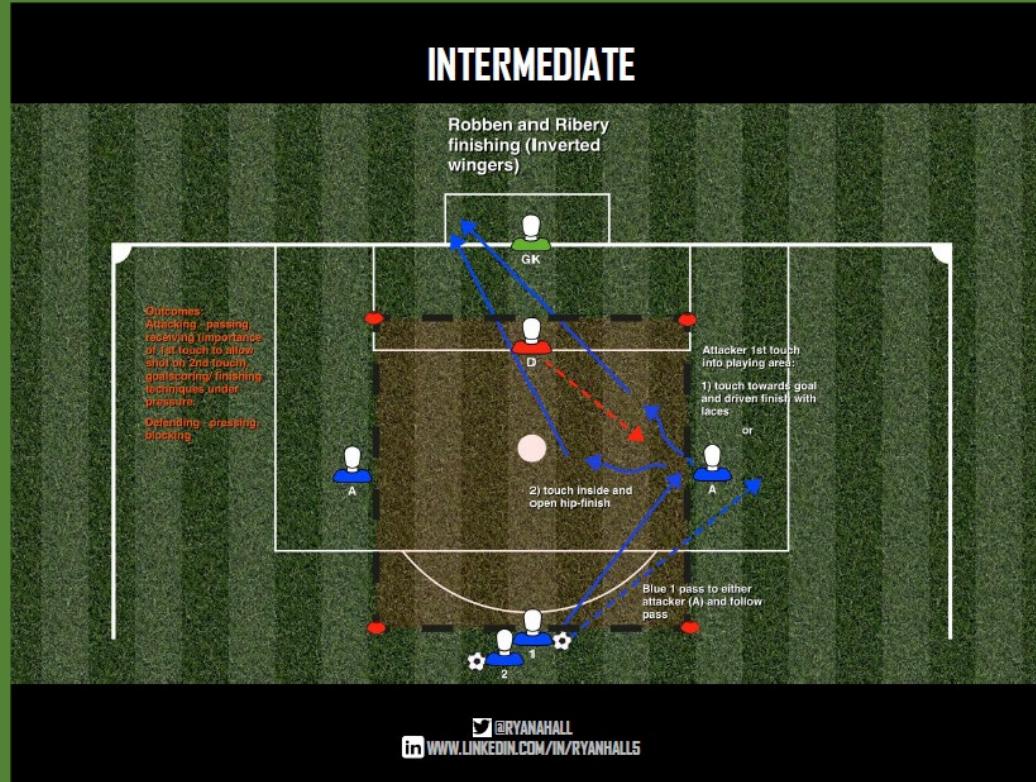
## INTERMEDIATE

1v1 - Finishing  
a through-ball

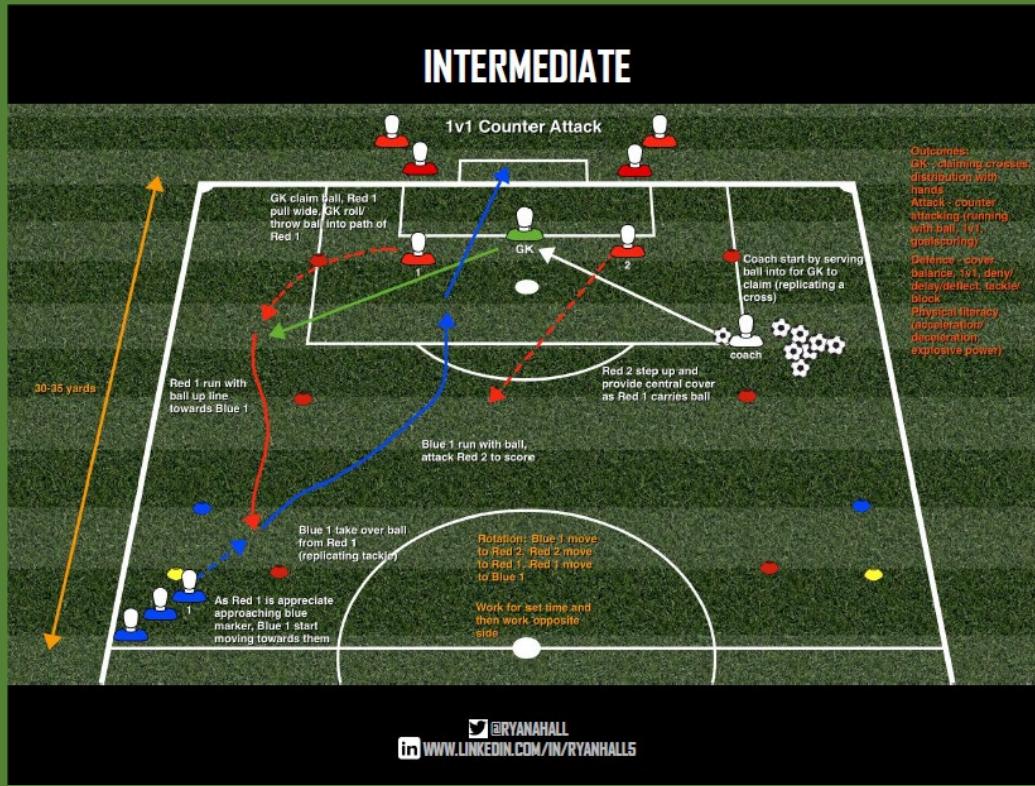


## INTERMEDIATE

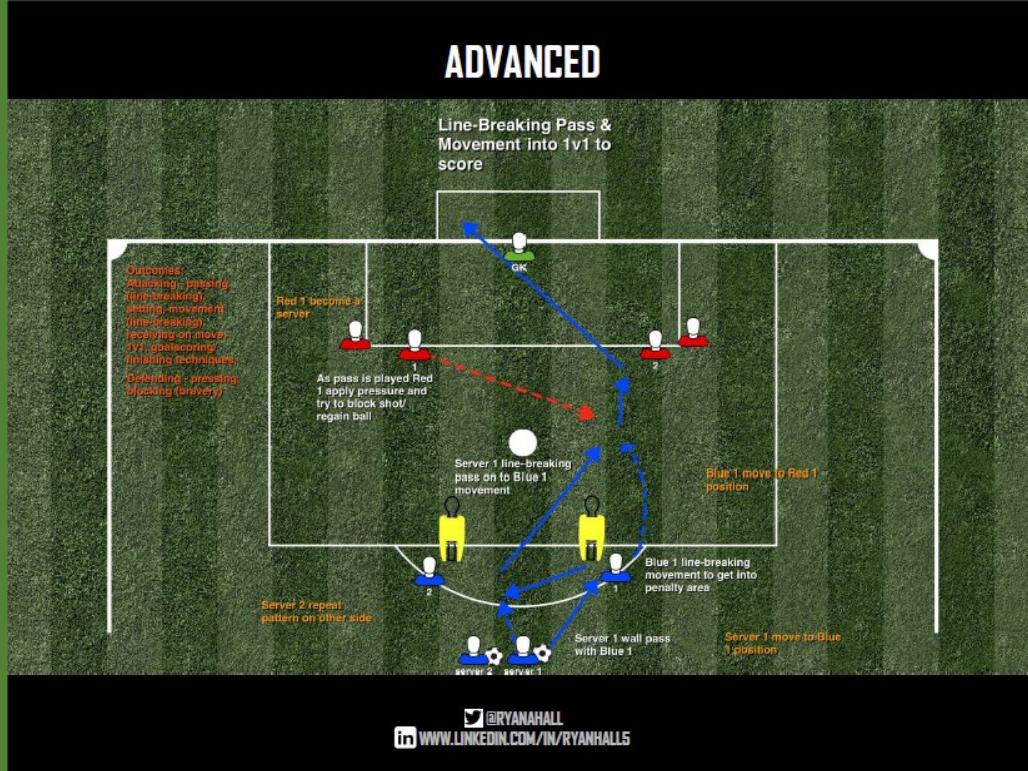
Robben and Ribery  
finishing (Inverted  
wingers)



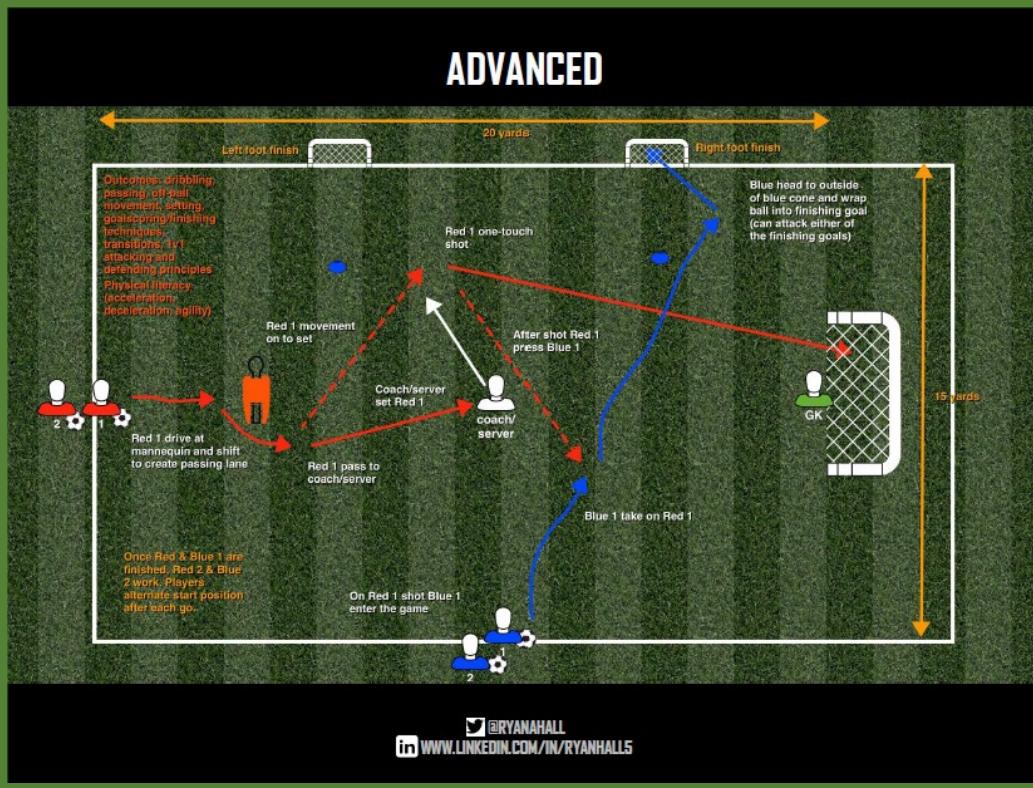
## INTERMEDIATE



## ADVANCED

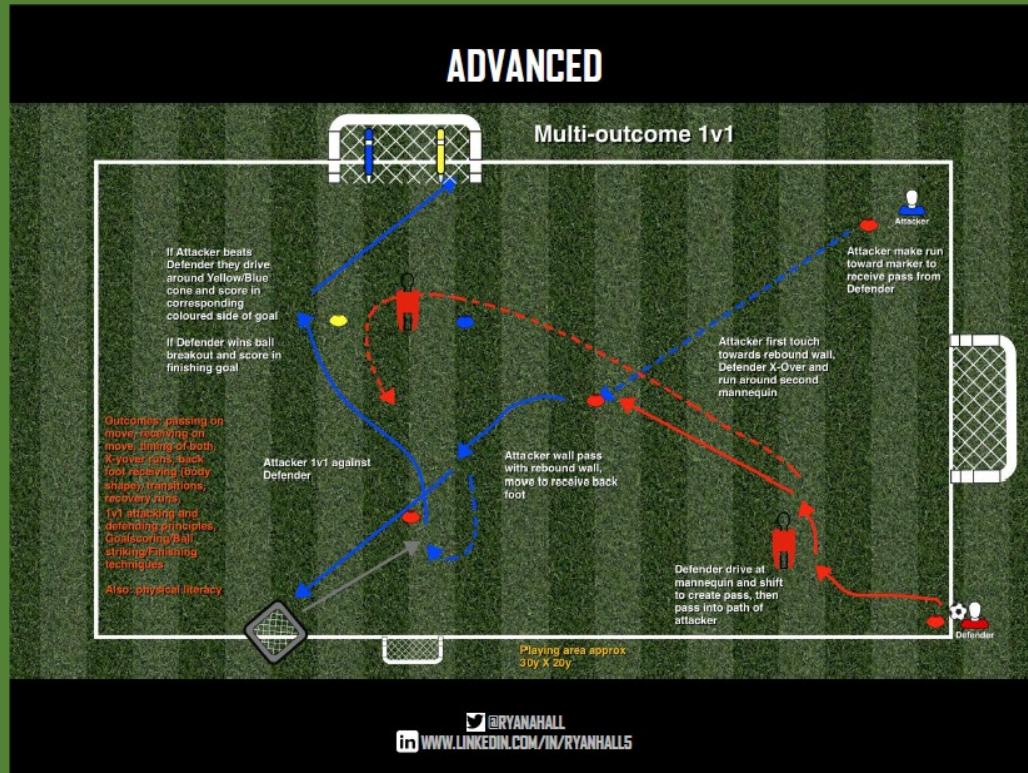


## ADVANCED



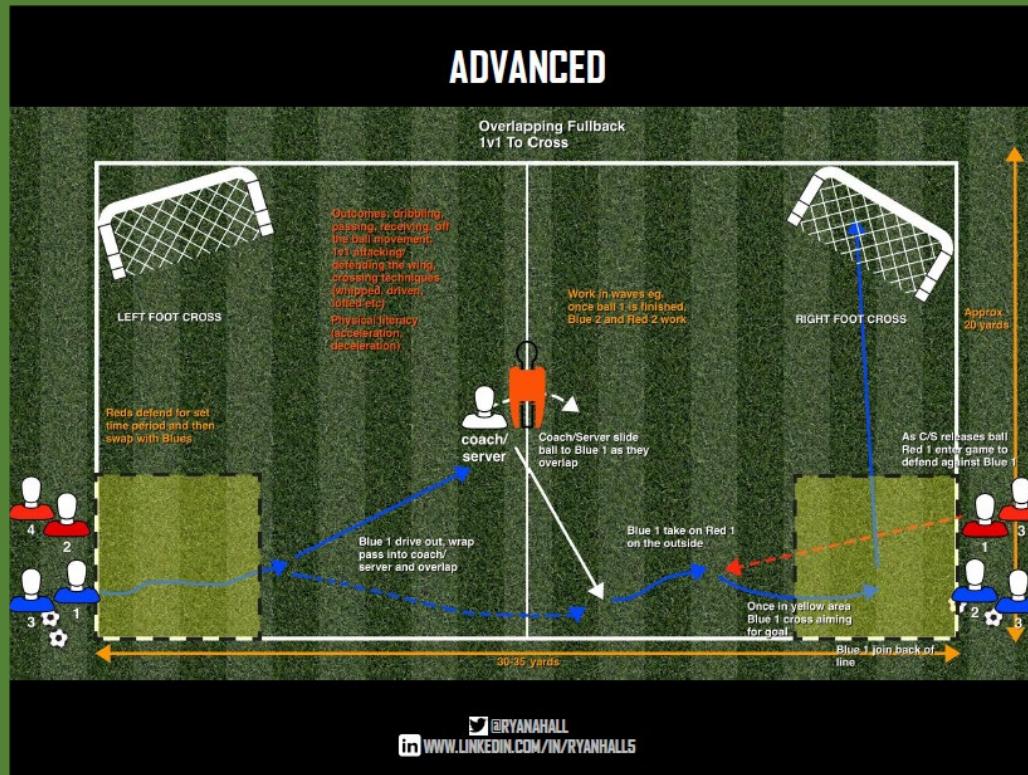
## ADVANCED

### Multi-outcome 1v1

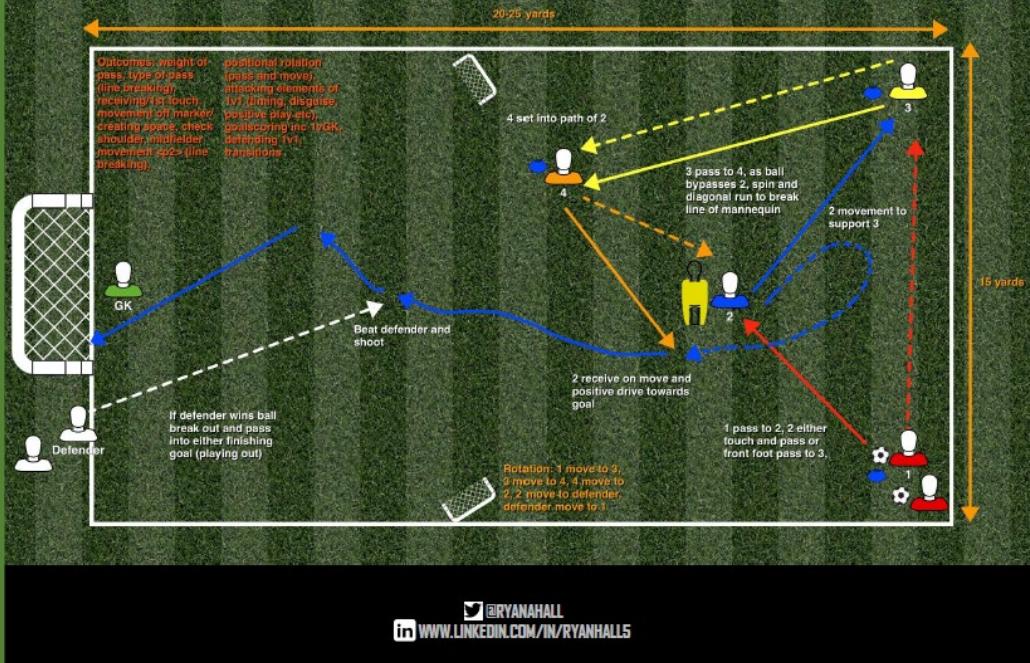


## ADVANCED

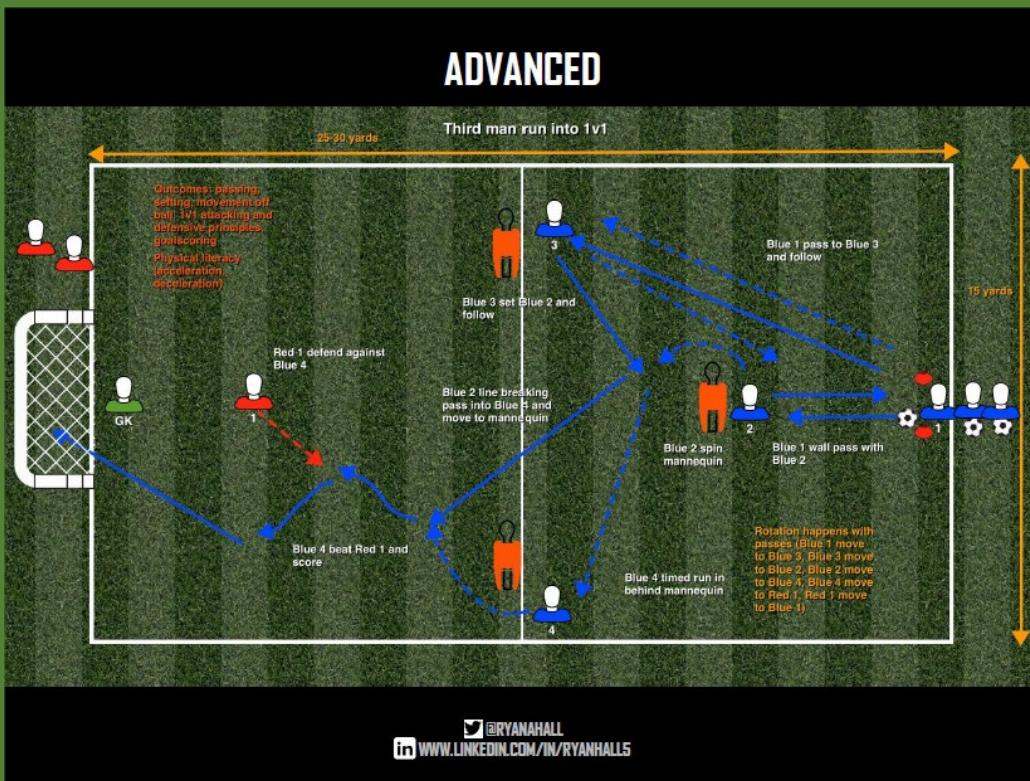
### Overlapping Fullback 1v1 To Cross



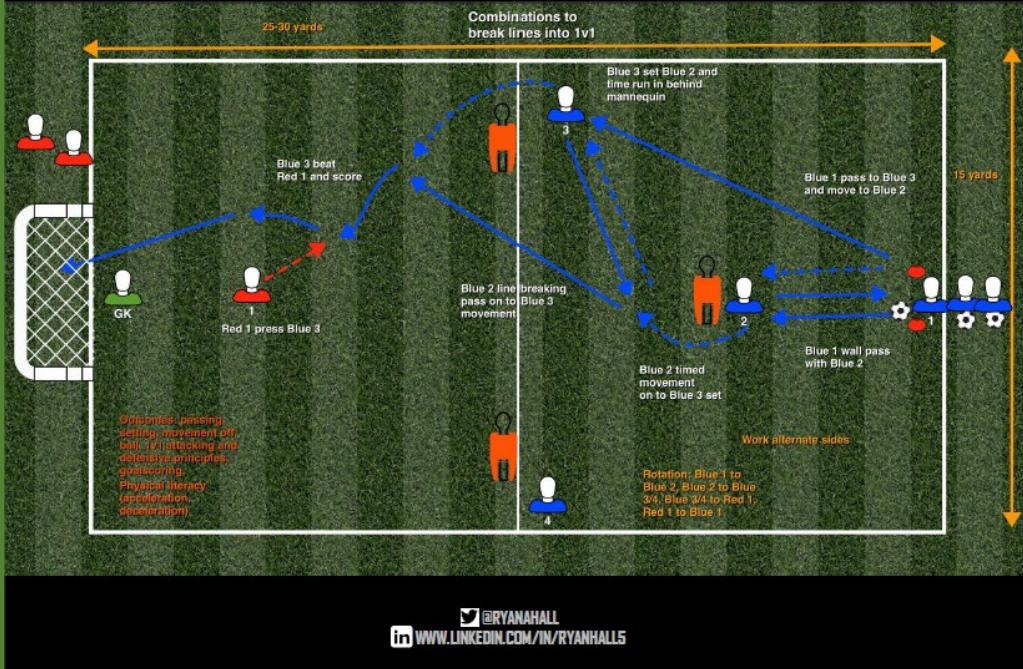
## ADVANCED



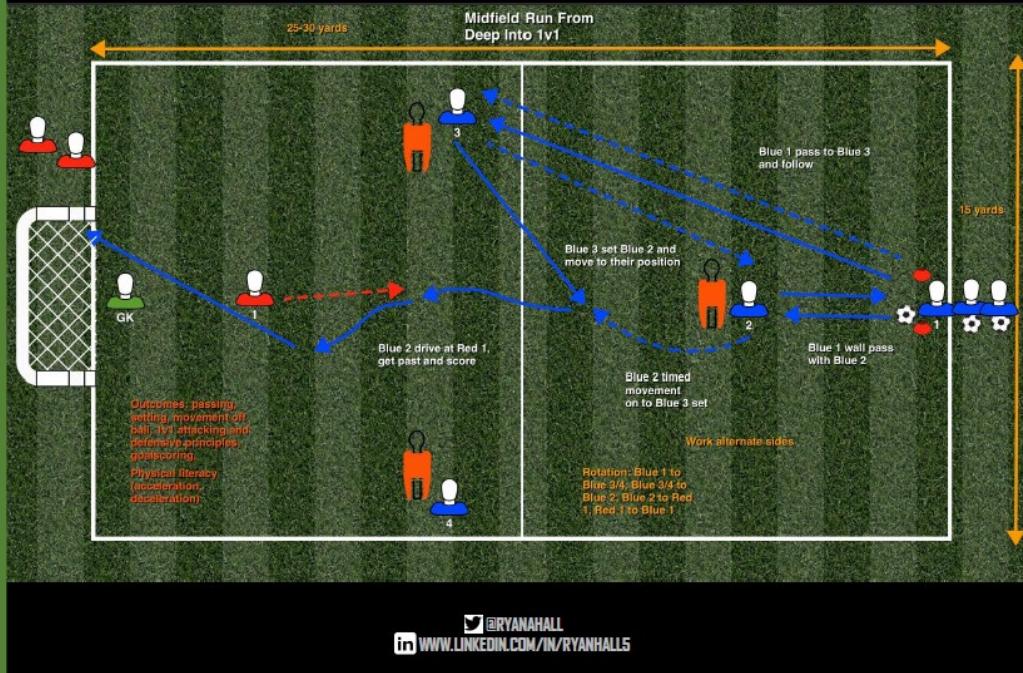
## ADVANCED

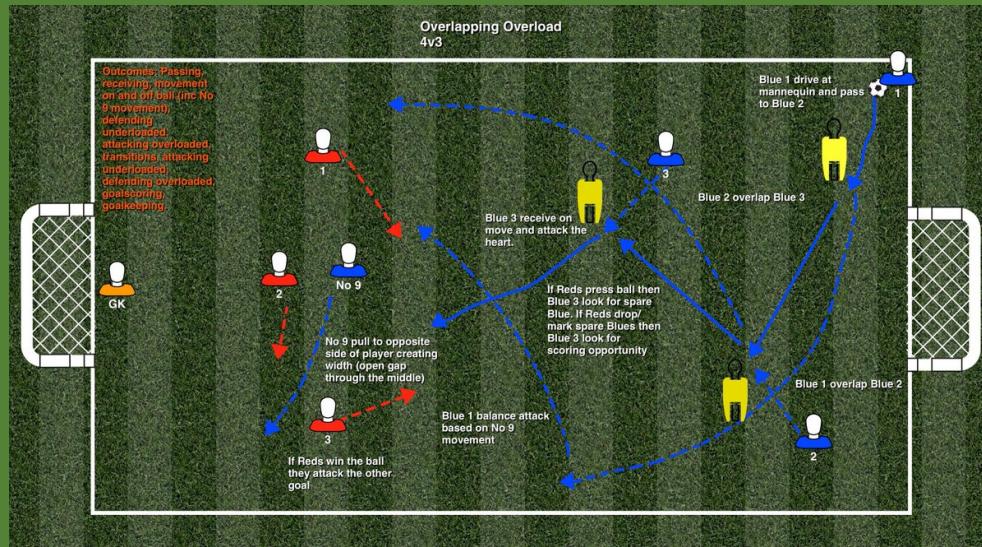
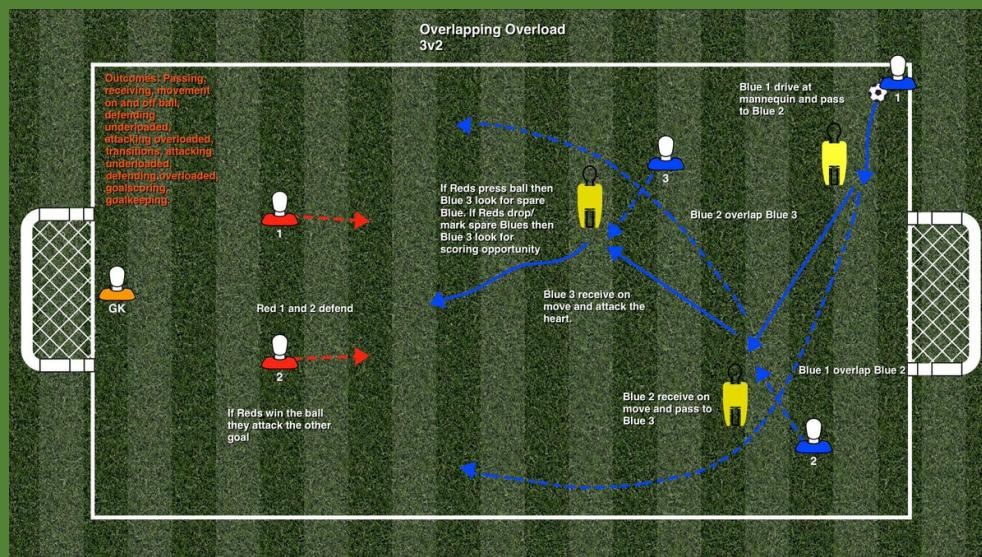
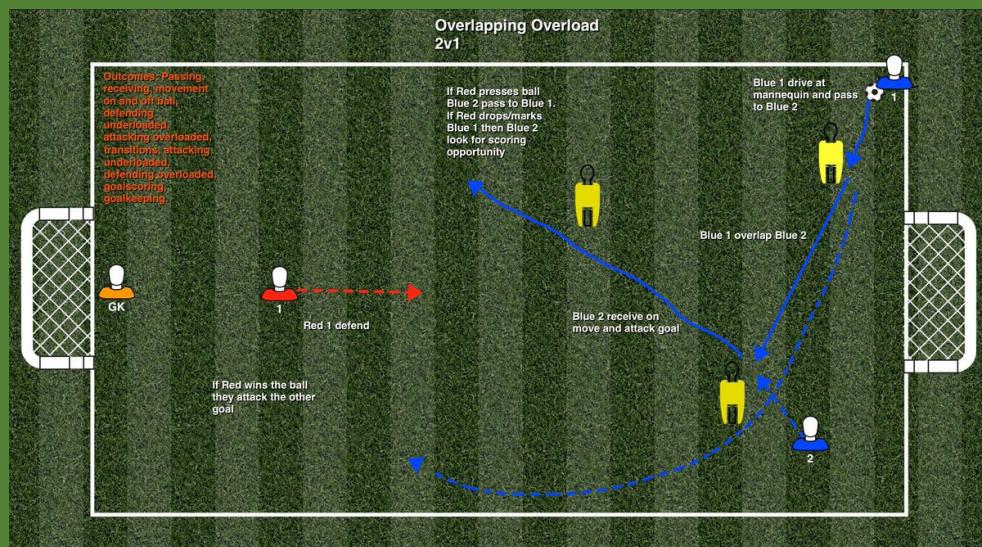


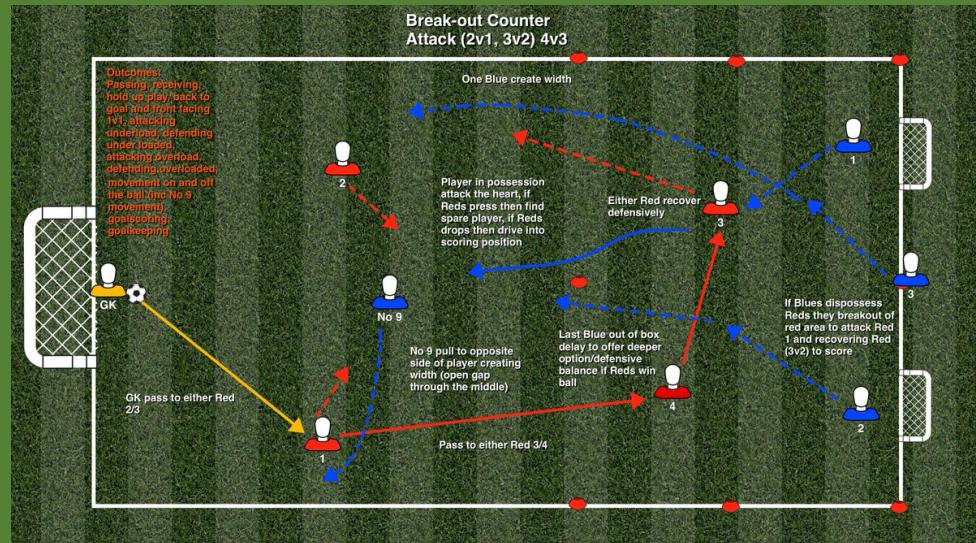
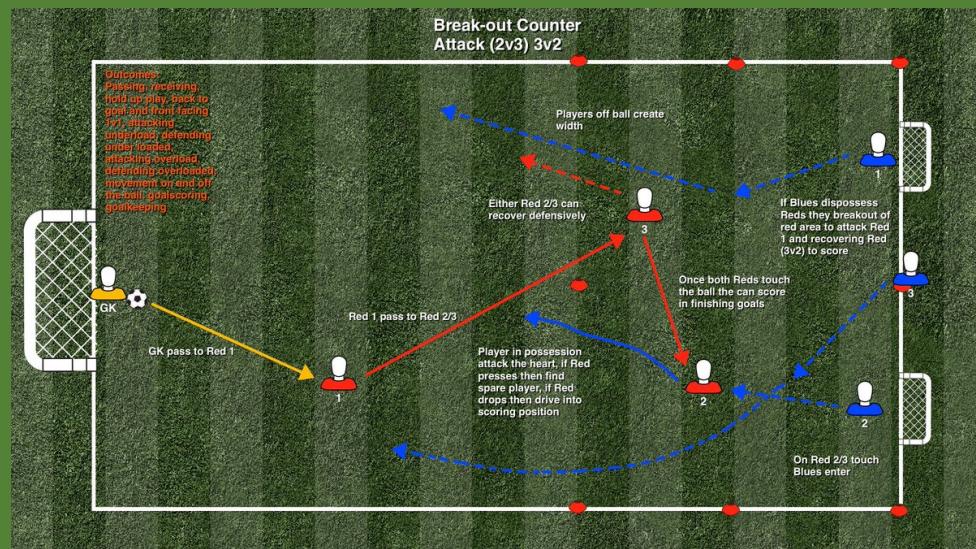
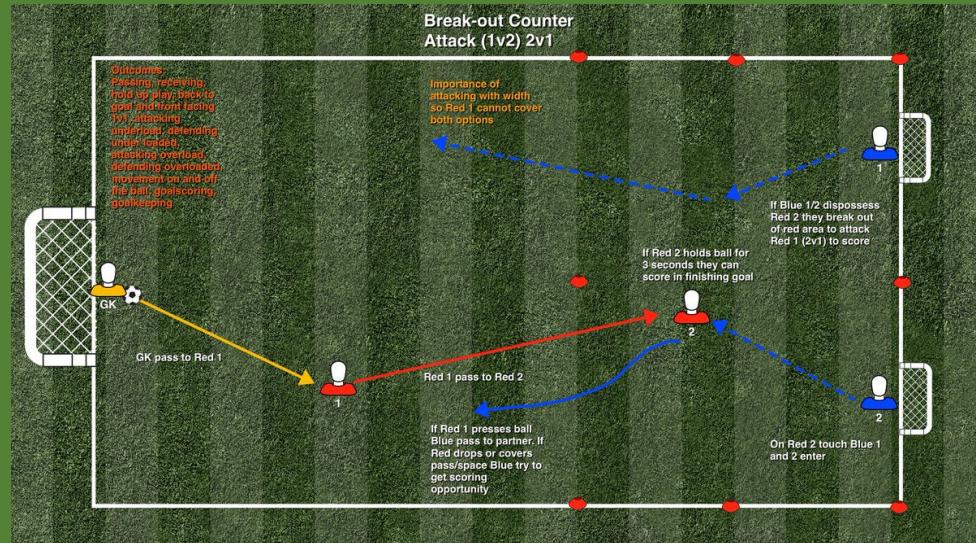
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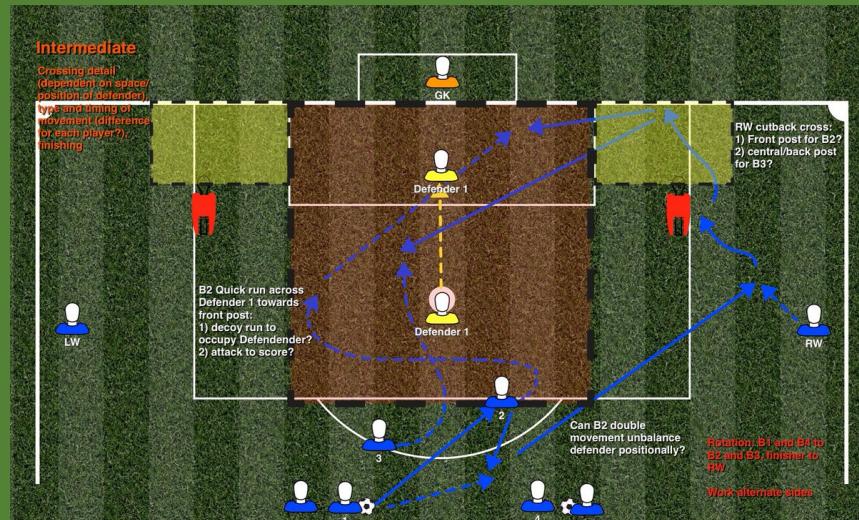
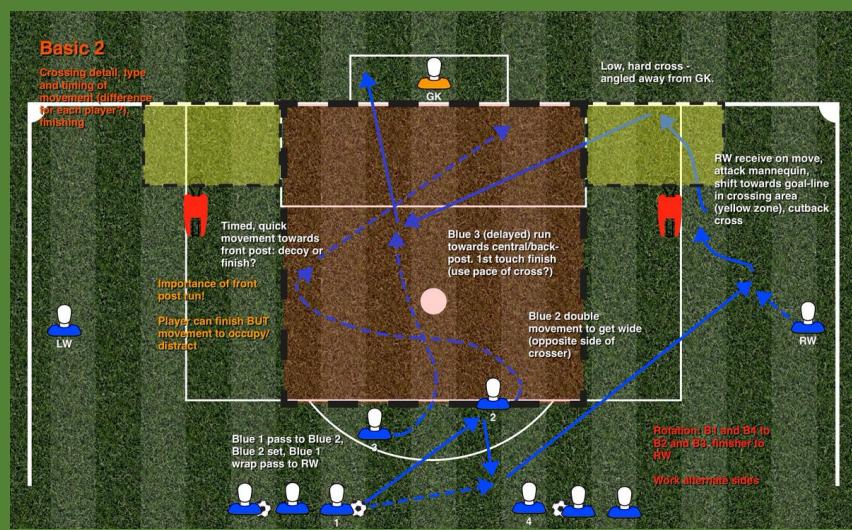
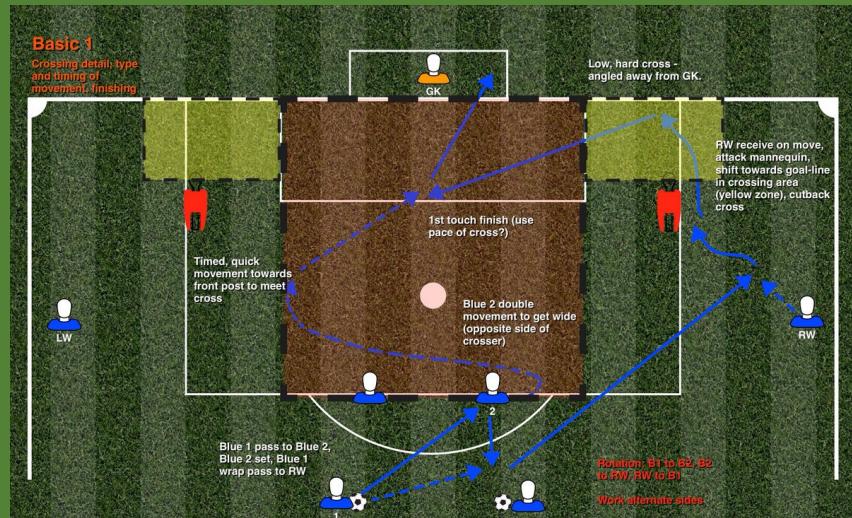


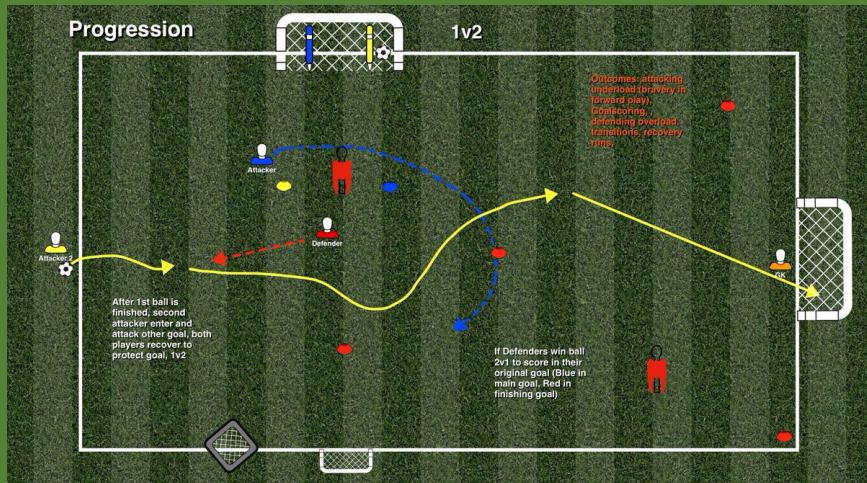
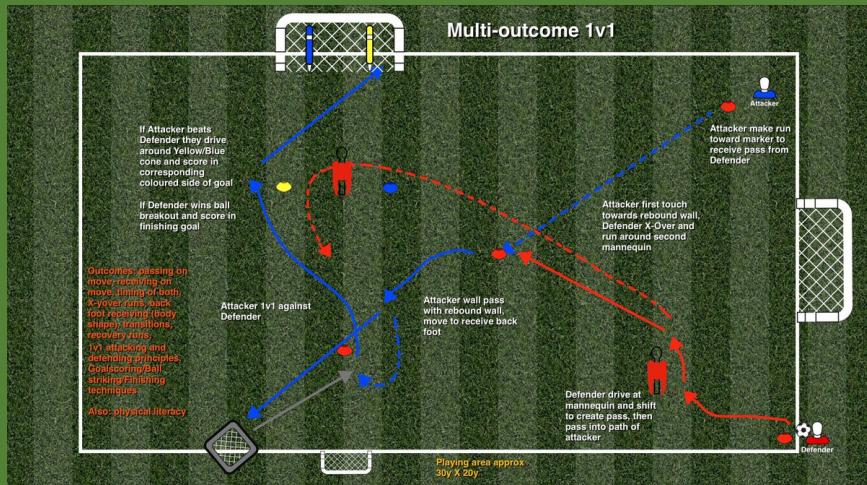
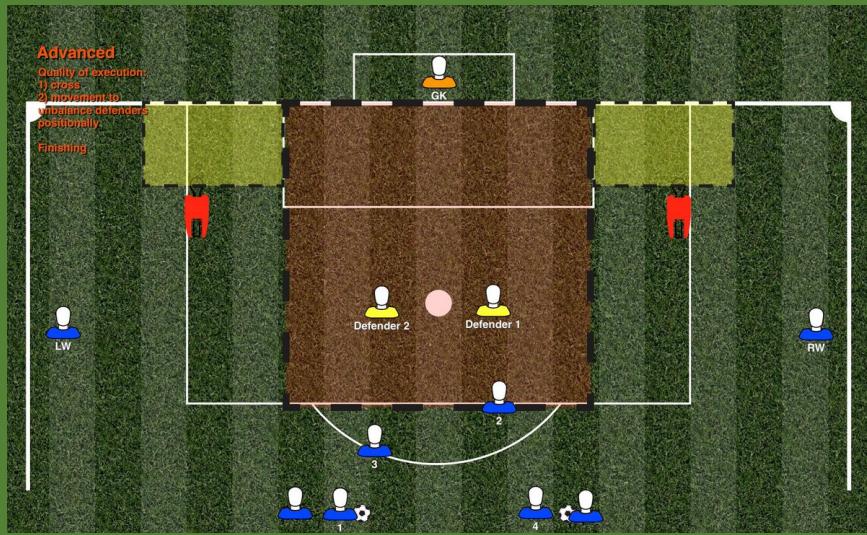
## **ADVANCED**

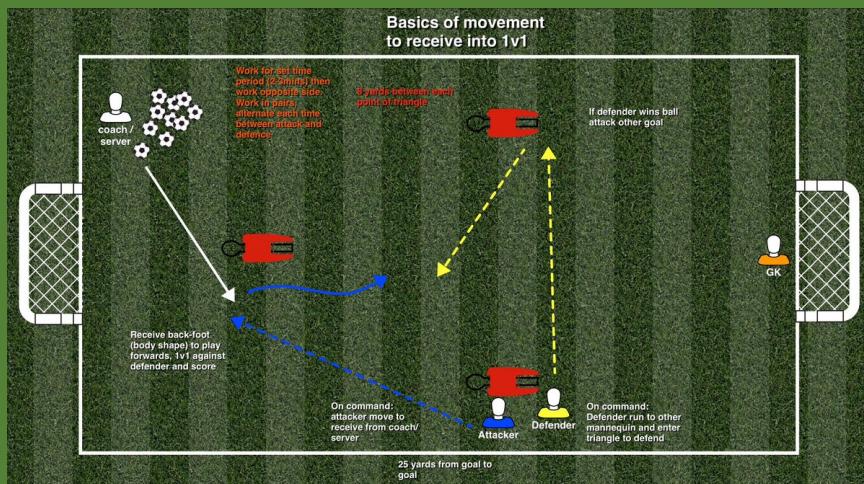
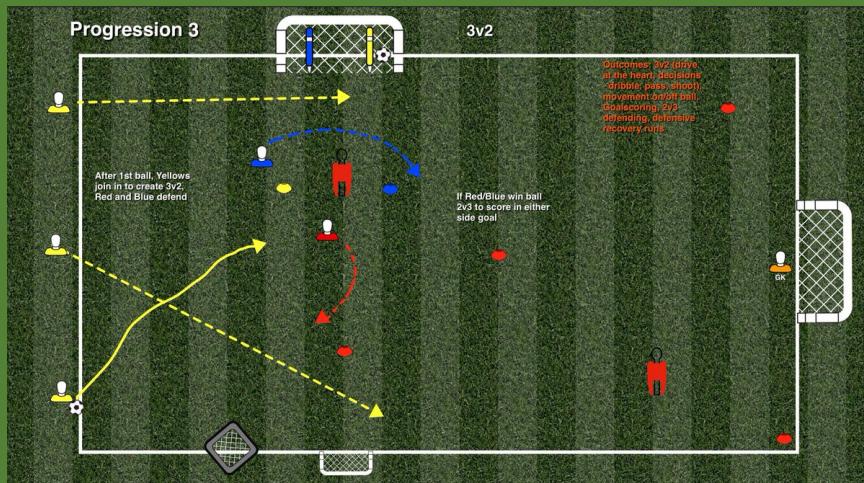
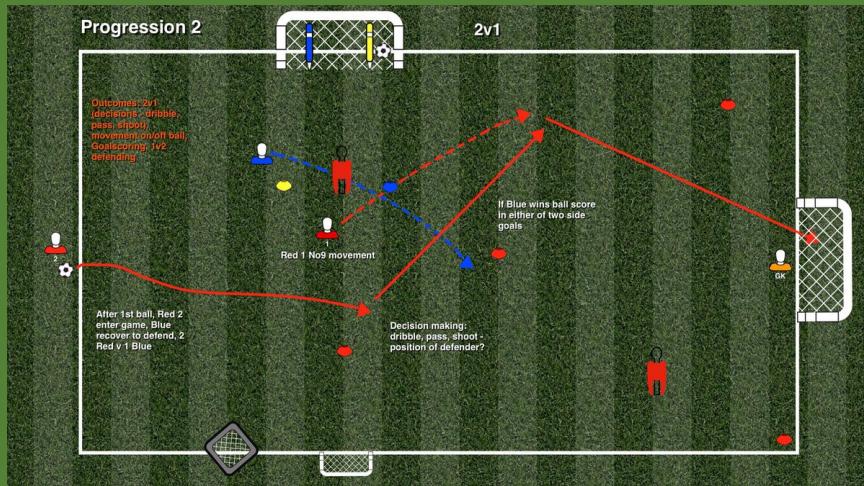


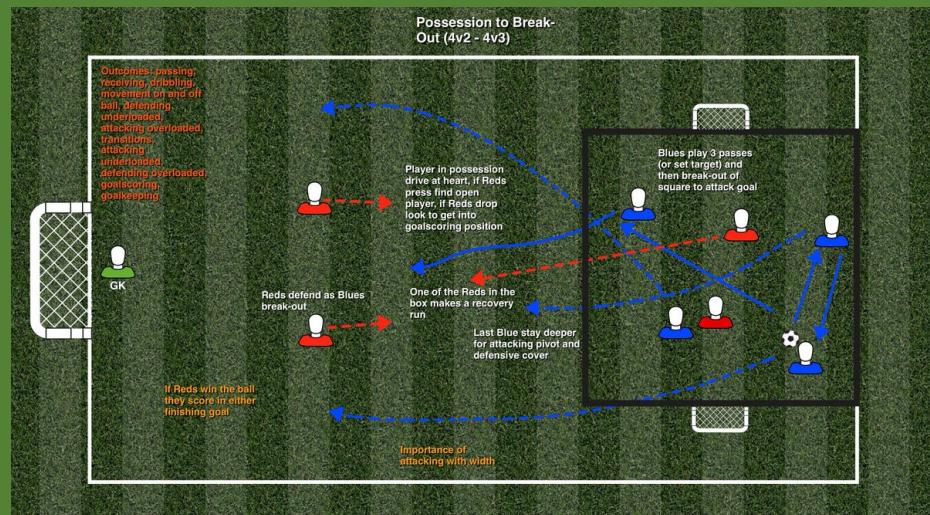
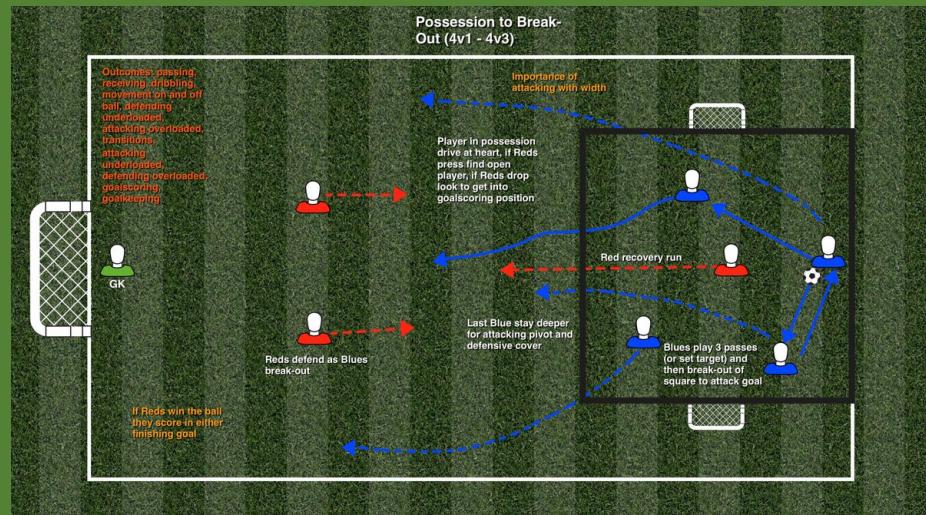
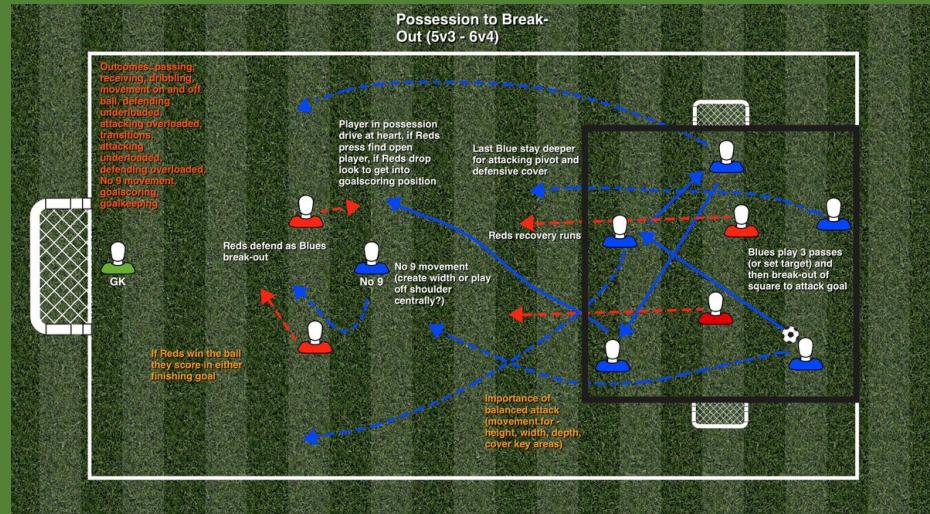


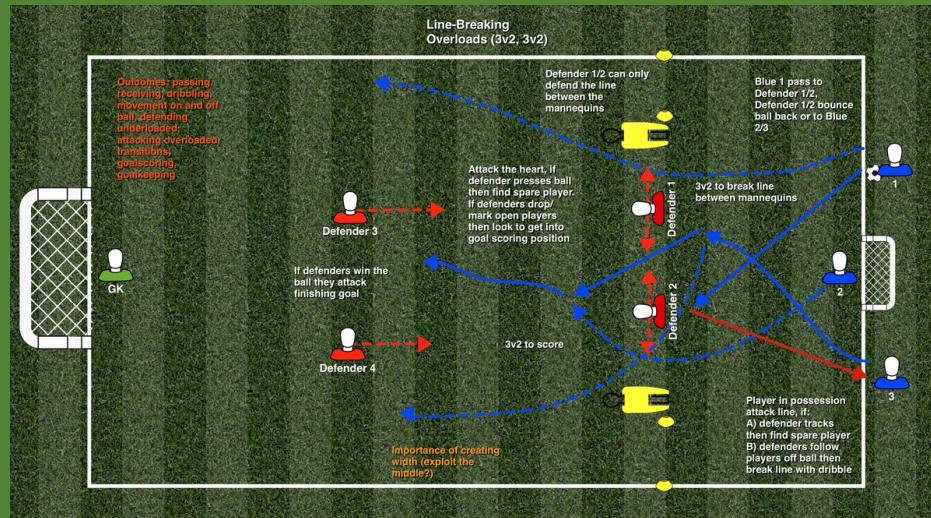
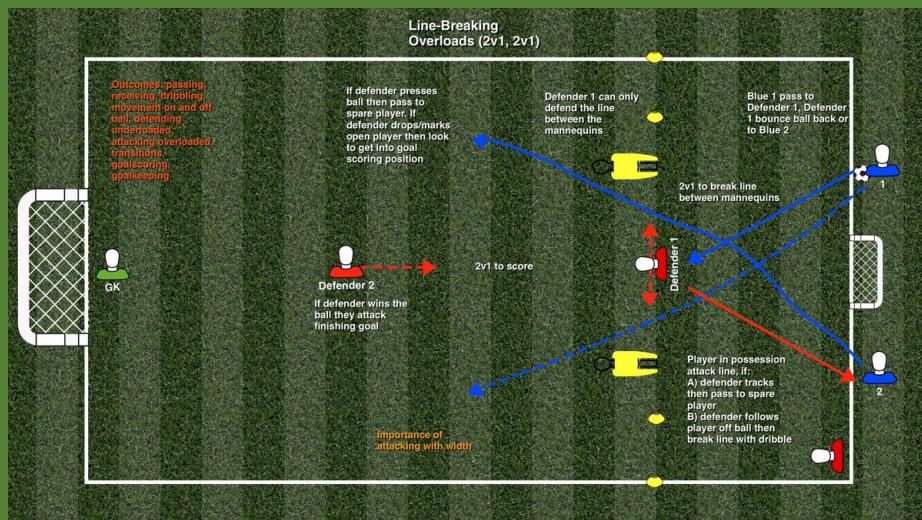
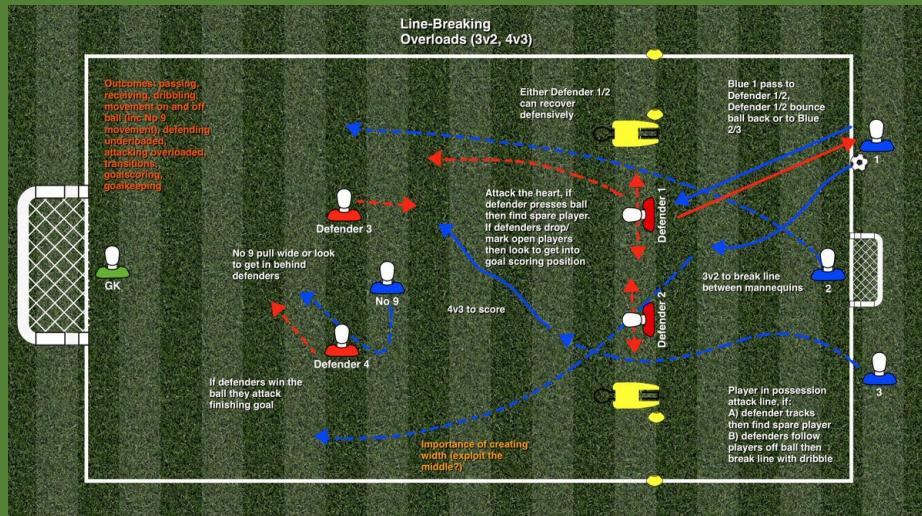


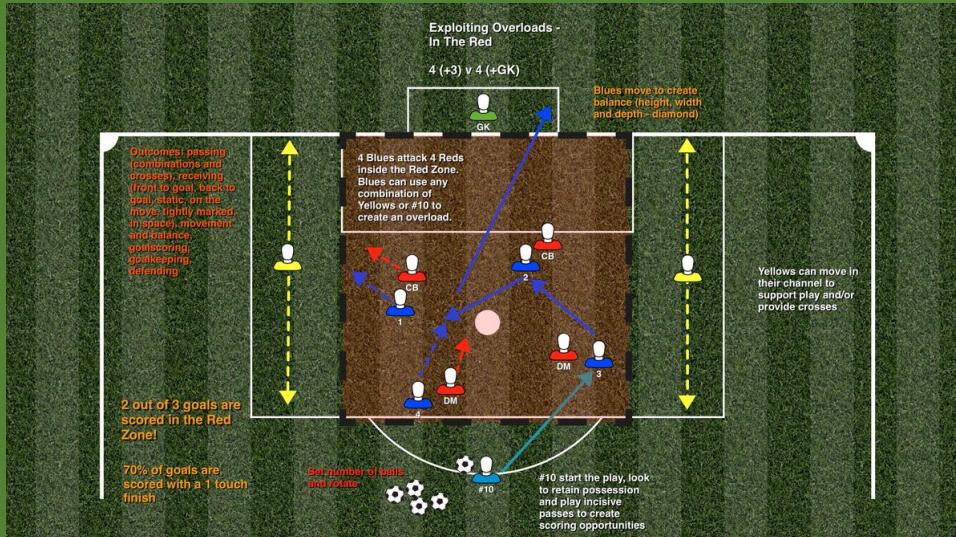
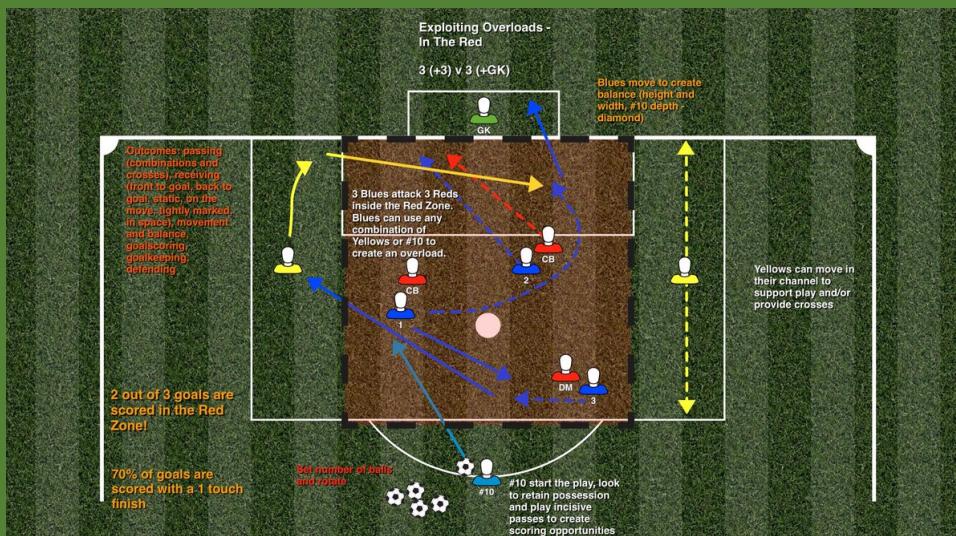
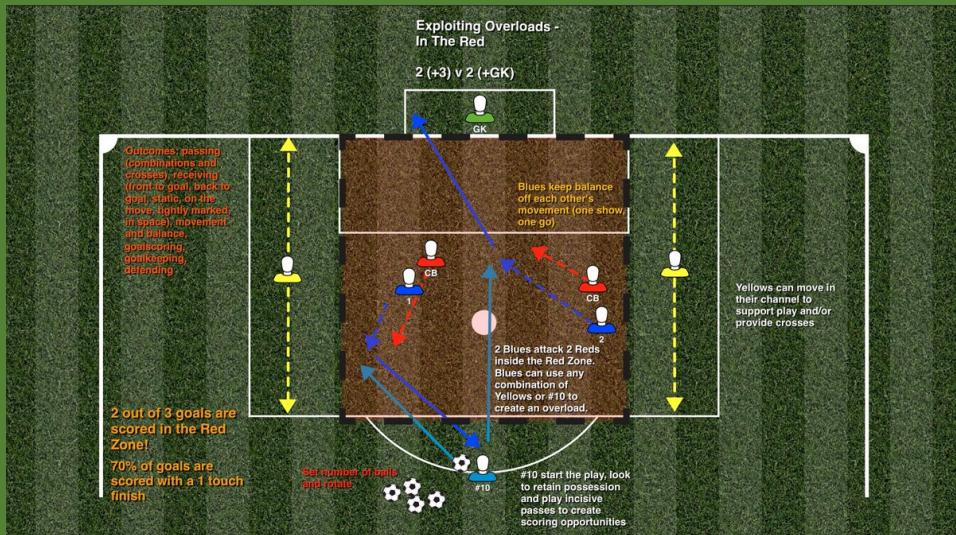












## Advanced Possession



## Y-Passing Into 1 v 1



## 1 v 1 Developing Crossing



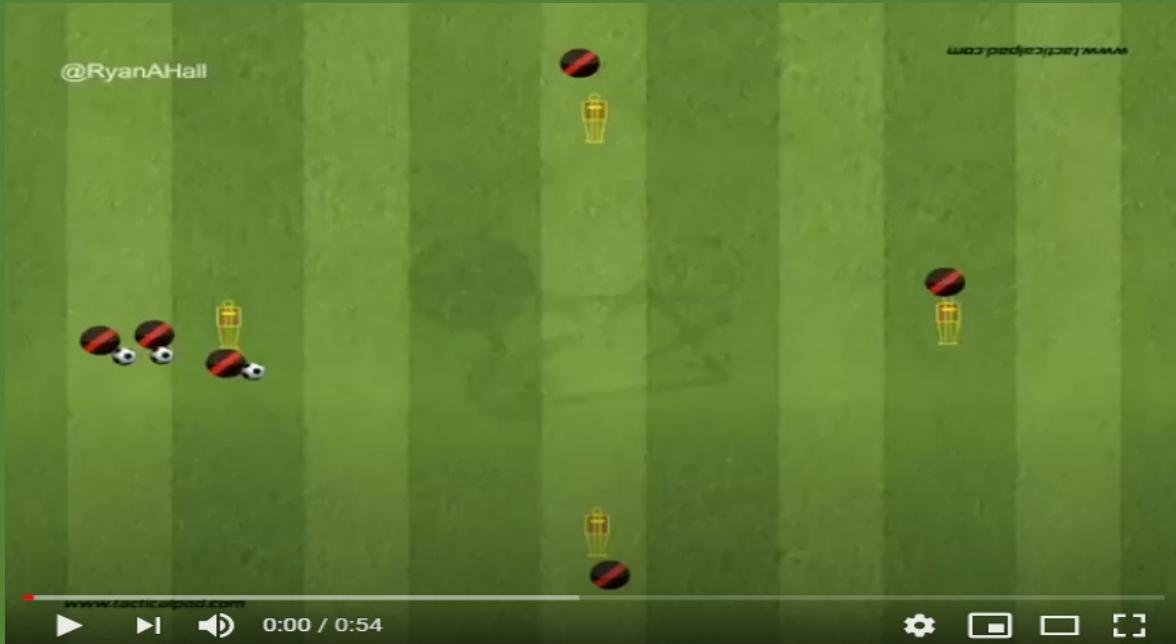
## 1 v 1 Gauntlet



## Crossover to 1 v 1



## One Touch Pass and Move #1



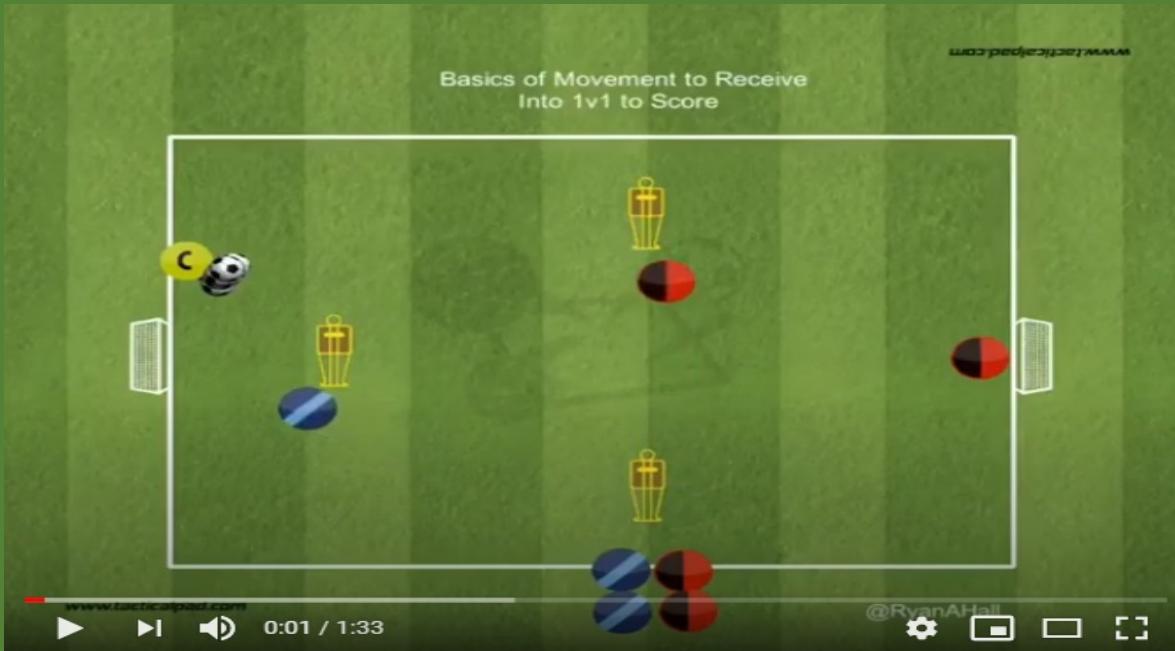
## One Touch Pass and Move #2



## 1 v 1, Beat the Fullback



## Basics of Receiving 1 v 1



## Quick Fire 1 v 1



## Goal Scoring



## Finishing Cutback Crosses



## Developing Possession



## Playing Out Against a Press



## Overlapping Overloads, 3 v 2



## Attacking 3 v 3



## 1 v 1, Going Around



## Continuous 3 v 2



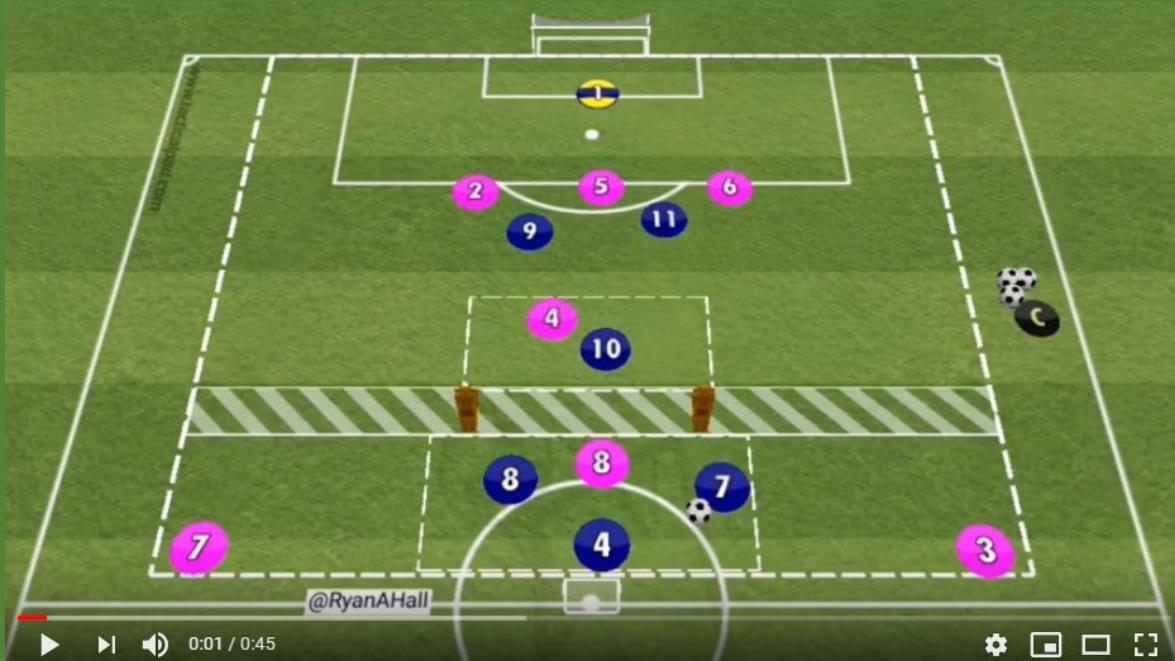
## Line Breaking Overloads



## 3 v 2 From an Inverted Winger



## Exploiting Overloads, 11 v 11



## Third Man Passing



## Exploiting Overloads, 7 v 7



## Exploiting the Transition, 2 v 1

