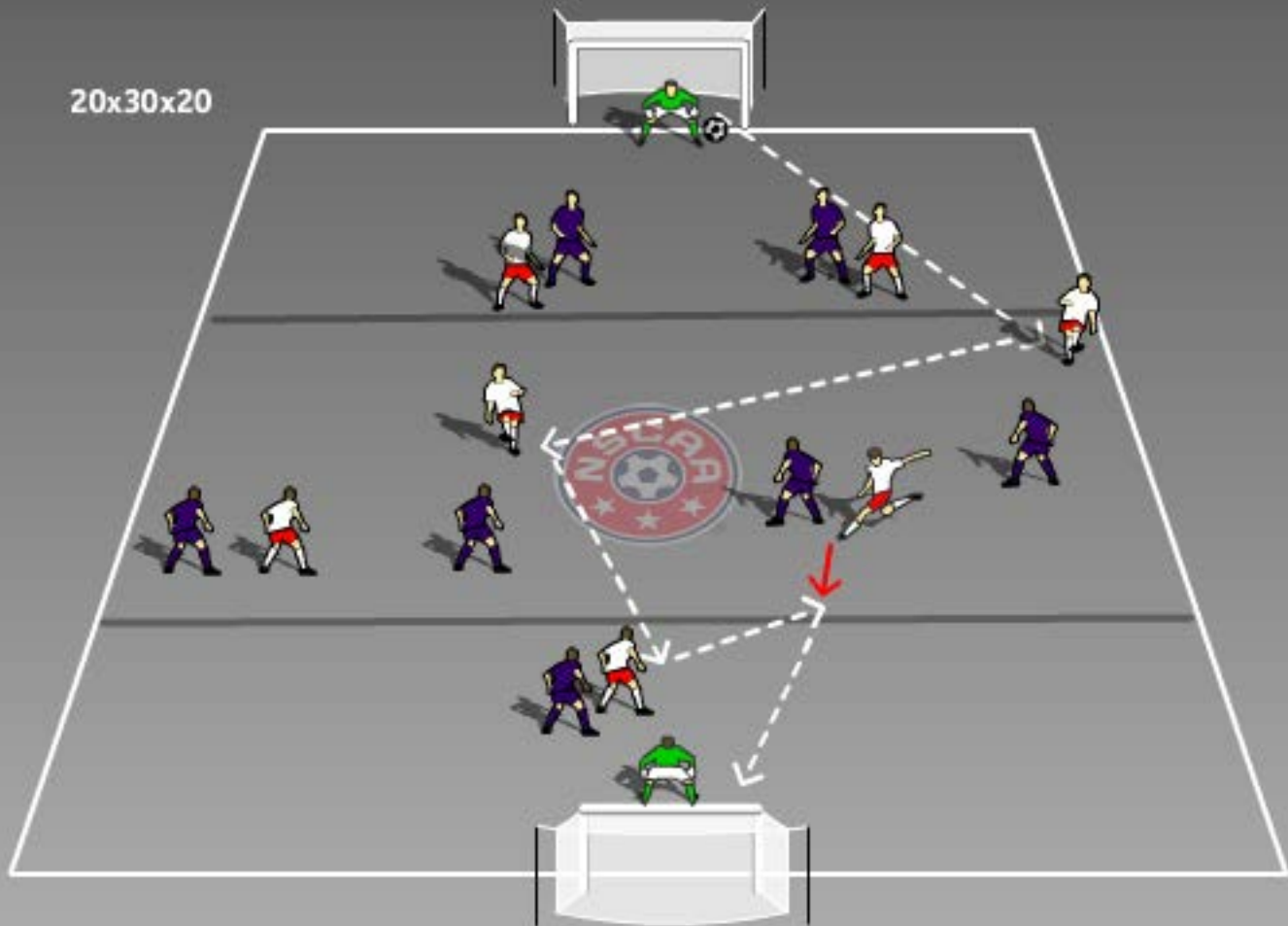


20x30x20



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**White: GK, x2 D, 1-3 in midfield, x1 F. Navy: GK, x1 D, 4 across midfield, x2 F. Players begin in one of 3 zones.**

**Ball starts with GK into midfield, ball must find a forward player, before a midfielder can advance into attacking zone to create overload and finish.**