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Procedure:

Player D begins play with a pass in to the three attackers in the central zone. From there, the attackers play 3 v 1 and must combine to send a flank attacker (Players E or F) into the attacking zone to play 1 v 1. Upon completion of the 1 v 1, Player D rotates into a flank zone, and play re-starts with the first pass from Player G.

Coaching Points:

- 1 Timing the runs - Hold the run until the combination develops. The timing of the run depends upon the quality of the passes in the center.
- 2 Verbal and Visual Cues - Combinations have to be communicated early so that all of the attackers can read the play.
- 3 Finishing - Get a touch on the thru pass as early as possible rather than letting it run towards the defender. Then look up and find the defender and the goalkeeper.

Progressions/Regressions:

Progression 1 – Progress to 2 v 1 to 5 v 3 to 2 v 2.