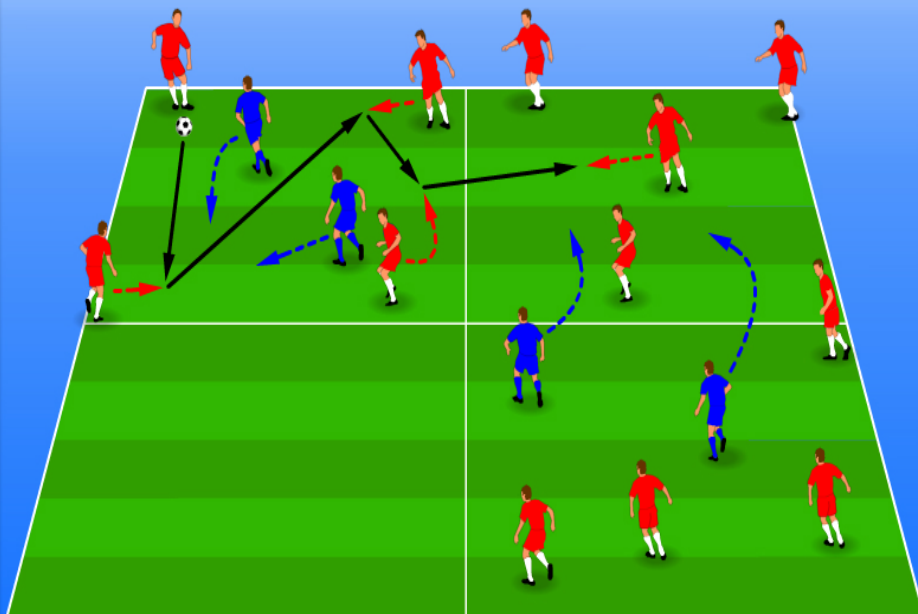


## 4 v 2, Run to Space

## Large Sided

## Possession, Transition

A



Created using SoccerTutor.com Tactics Manager

### *Procedure:*

Twelve attackers are split into three groups of 4, with the groups occupying three of the four zones. One zone always remains empty. Two pairs of defenders occupy two of the four zones.

Play begins 4 v 2 in one of the zones, and after the attackers make three passes, they can pass the ball out to a teammate in another zone (Diagram A).

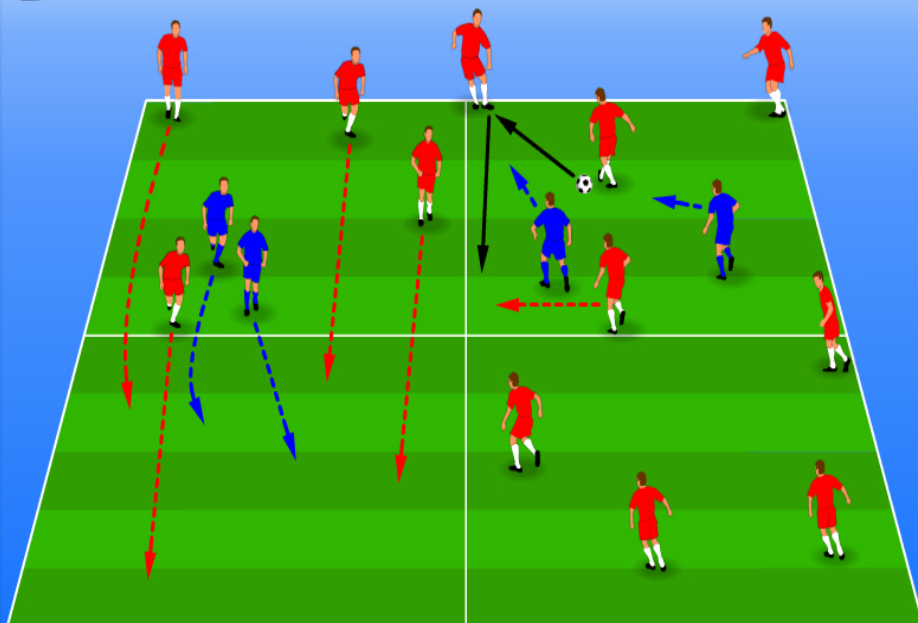
After making the pass out, the four attackers run into the empty zone. The two defenders must also run to a new zone while the other pair takes over the defending responsibilities (Diagram B).

When the defenders win the ball in a 4 v 2, the attackers who lost possession become the defending group.

### *Coaching Points:*

- 1 Receiving – Don't hide in traffic. Show yourself
- 2 Speed of Play – Play in a one and two touch rhythm.
- 3 Communication – Call for the ball and get your teammate to pick his head up before he receives.
- 4 Transition – Anticipate changes of possession and move first.
- 5 "Switching Off" – Stay involved in play, and do not become a spectator.

B



Created using SoccerTutor.com Tactics Manager