

***Procedure:***

The attacking team has a 2 v 1 advantage in all four zones of the field. They must make three consecutive passes in ONE of the zones before playing the ball out of that zone and attacking the goal. When the defenders win the ball, they can move into the midfield zone and attack 4 v 2, looking to finish in any of the four small goals. Or they can also shoot quickly on any small goal from their own zone.

Games are played to three goals, and the teams switch places after each game.

Coaching Points:

- 1 Possession – Open up the space and continue passing until a good chance to score arises.
- 2 Finishing – Look for the drop pass from the penalty area into the midfield zone.
- 3 Decision Making – With poor shooting angles, fake the shot and make one more pass.

Progressions/Regressions:

Progression 1 – Play 1 v 1 plus one in each of the four zones, remove the small goals.