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Procedure:

Variation #1: Player A passes long to Player B, who settles and passes up to Player C. Player C lays the ball off for Player B to finish.

Variation #2: Player A passes long to Player C, who settles and dribbles up the line. When Player B shows between the two defenders, Player C switches it over for Player B to finish.

Variation #3: Player A passes up to Player B, who passes back to Player C. Player C touches it over the top for Player B to finish. During the drill, the players rotate from A to C to B to A.

Coaching Points:

- 1 Long Passes – Drive the ball with back spin to make it an easier ball to receive.
- 2 Timing the Runs – Watch the play develop and hold your run if necessary.
- 3 Finishing – Your last dribble touch should allow you to shoot at all four corners.

*The concept for this exercise comes from the Drills Library of Gary Curneen