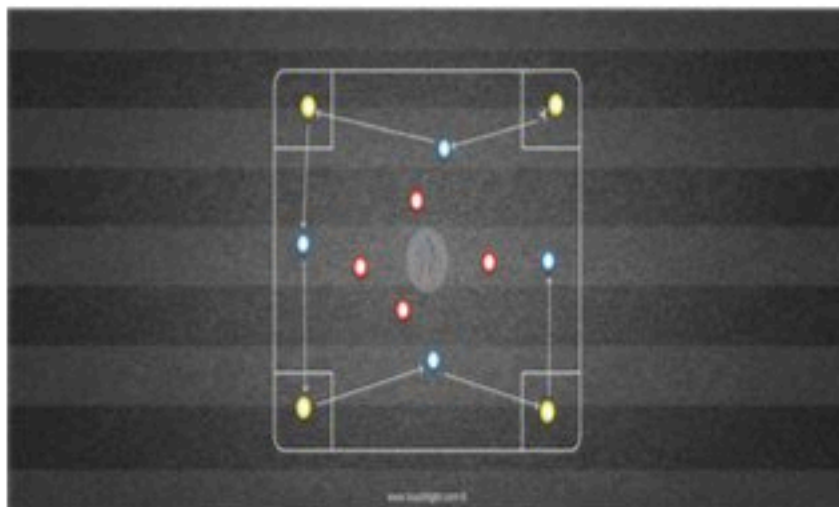
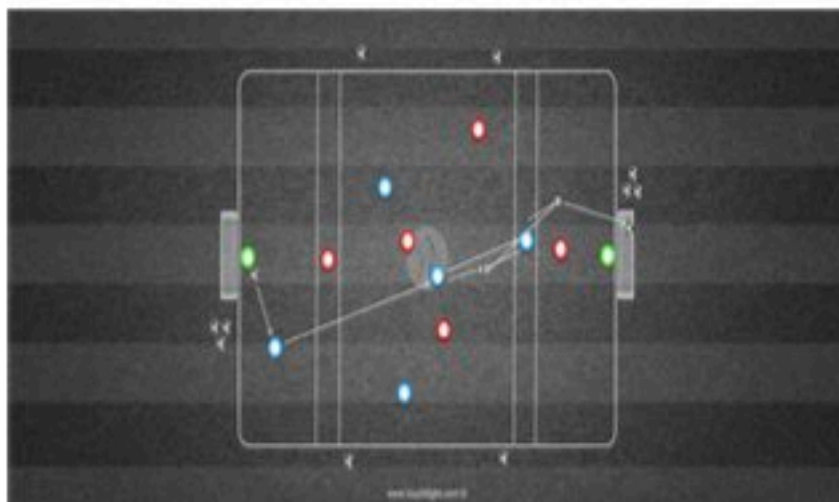


## Passing, Receiving & Support Play 2

1



2



### Session Set-Up

30x30 grid  
5x5 little grids

Supply of footballs

Cones/Superdomes  
Flat markers  
Goals

Bibs  
4 yellow  
9 blue  
9 red  
2 Green

40x30 grid

### Session Detail

**1**SD; 8v4. players must pass to all 4 corners to win. 4 points for the win.

**2**SSG 6v6 Target Game. Players are arranged on the pitch as diagram. Initially the GK passes out to blue defender. Red ST can only screen for the moment in their channel. The ball gets played into CM in midfield the ball now is transferred into the blue ST. Blue ST sets the ball back and then runs into space to receive to play either 1v1 with defender or shoot first time.

Competition  
Motivation

4 points for the win in practice 1

Individual  
Challenge

Try to scan before I have received the ball

Unit/Team  
Challenge

Def. team try to win the ball back as quick as possible

Try to pass forwards at an early opportunity towards yellow players

Key  
Questions

How and when do I need to support the player on the ball?

Progressions

Swap yellows with either reds or blues - practice 1.  
Defenders can now challenge the 2 STs in the channels

### 4 Corners | Coaching Points

1. Passing and techniques & priorities
2. Movement to receive and support
3. Pass forwards early to create space for combinations

1. Deciding to make angled movement away from defender
2. Awareness of space, ball, defender(s)

1. Speed of pass
2. Speed of support

1. Communication verbal/non-verbal