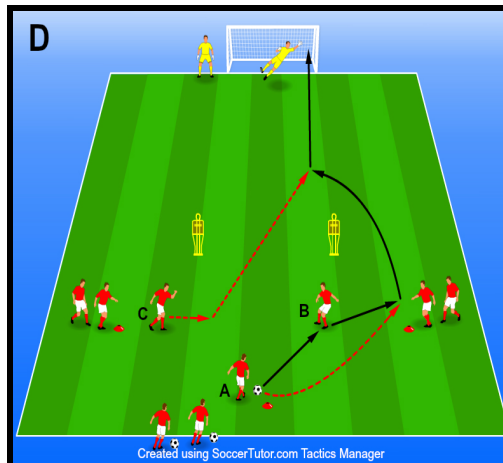
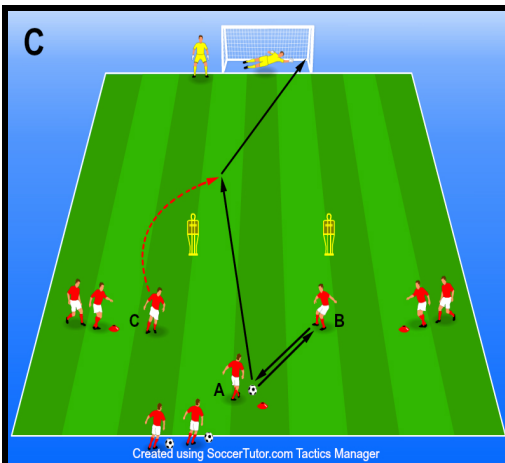
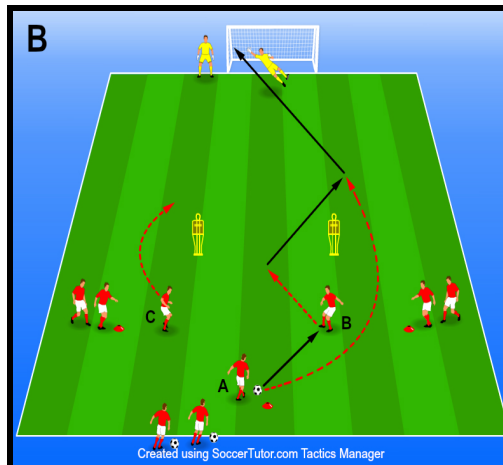
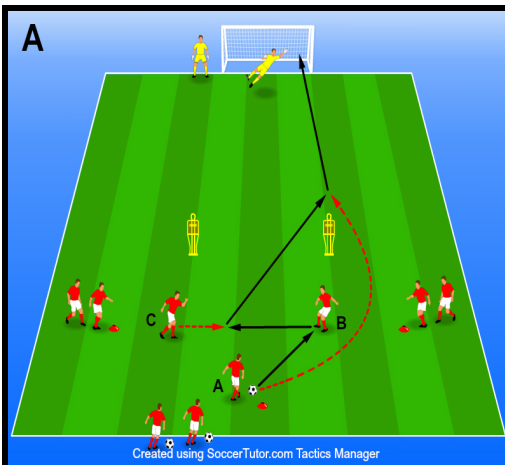


Three Player Finishing

Fundamental

Finishing



Procedure:

Players run three player attacking patterns to goal, using the mannequins as the offside line.

Emphasis is placed on letting the play develop and in timing the finishing runs to goal.

Diagram A – Player A passes to Player B, then runs an overlap around him. Player C sends Player A thru to finish on goal

Diagram B – Player B fakes a shot in the center, then sends Player A or C thru to finish on goal.

Procedure (con't):

Diagram C – Players A and B double pass, Player C runs an overlap, and then Player A sends Player C thru to goal.

Diagram D – Player B fakes a pass to Player C and then back heels to Player A. Player C makes a thru run in the center, Player A sends Player C to goal.

Coaching Points:

- 1 Visual Cues – Watch the play develop and anticipate when the thru pass is going to be made.
- 2 Timing – Hold your run if technical errors are made and an extra touch needs to be taken.
- 3 Vision – Spot the goalkeeper before you make your first touch on the thru pass.
- 4 Finishing – Create a shooting angle with your first touch and make the keeper move.

Progressions:

- 1 Add more mannequins to increase the difficulty of the thru pass.
- 2 Add one or two defenders to the play rather than using mannequins.