



Created using SoccerTutor.com Tactics Manager

#### **Procedure:**

The two teams play 2 v 2 in each half of the field with two neutral attackers moving up and down the wings inside of their flank zones. Also, three neutral attackers (use your central midfielders) play 3 v 1 against a neutral defender inside of the center circle. Each attack must begin with a pass from the defending half into the center circle. From the circle, the ball can be distributed into a flank zone or directly into the attacking half. Play continues 4 v 2, with the neutrals staying in the flank zones at all times. Players in the center circle must stay inside of the circle during play.

#### **Coaching Points:**

- 1 Passing – Play to the feet of the player in the center so that he can play one touch passes.
- 2 Combination Play – Look for the Up, Back, and Thru combo and time the runs accordingly.
- 3 Creating Space – Strikers should check away from the ball, and then run back into the space.

#### **Progressions/Regressions:**

- Progression 1 – Add a defender, allow neutral players to cross over with the pass.  
 Progression 2 – The neutral defender can leave the circle when passes are made to flank neutrals.