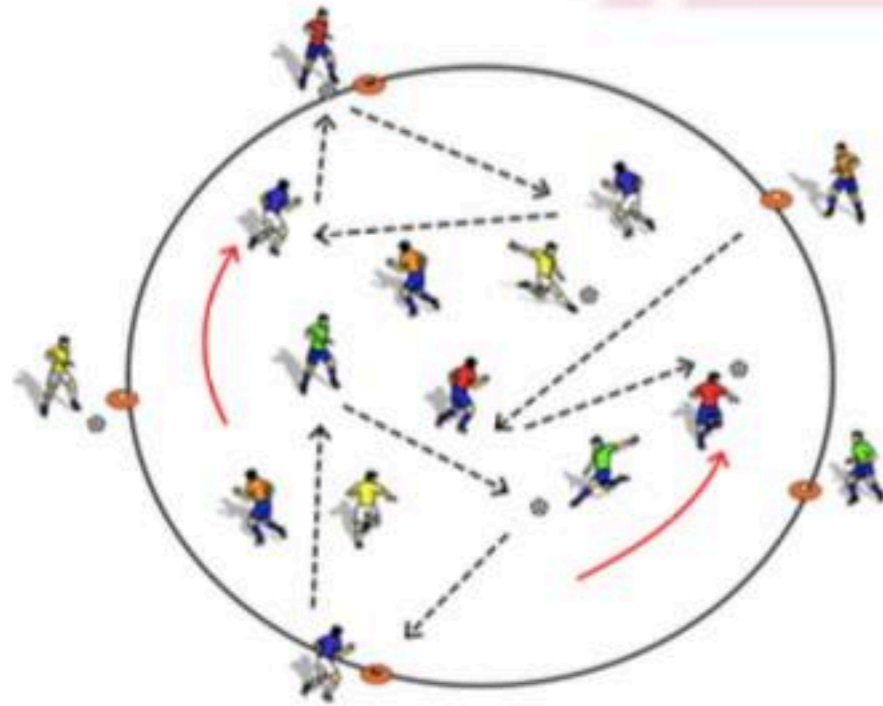


# Support play – Passing & Receiving



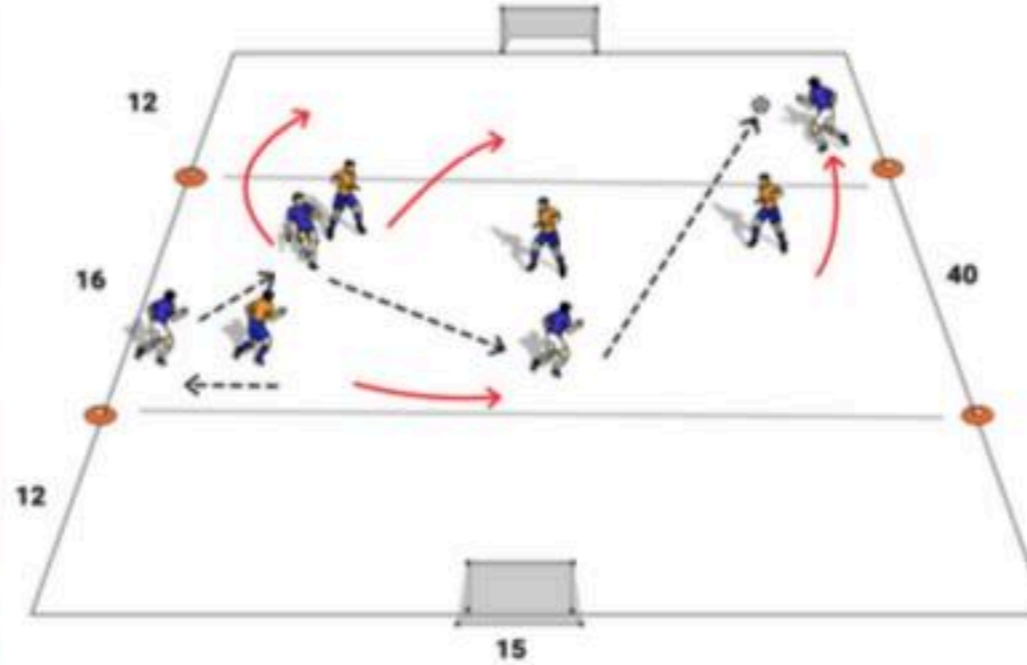
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Suitable size circle. 15 players are shown. Five teams of three players.

1. The outside server plays the ball to a player inside, who combines with a pass to a teammate. The teammate then returns the ball to the server the pair in the square find another server.
2. Players move around the area scanning the field and looking for space and angles of support. Switch the outside players.

**Variation:** The pair in the middle make one more pass. Outside server to player one, one to two, and then two back to one and then back to server.

**Coaching points:**  
Quality passing. Movement and angles of support. Play at game speed. Scan the area at all times. First touch.



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**Area** – 40 x 15 (three zones) Middle zone is 16 x 15 and two end zones are 12 x 15. 4 v 4 is played in the middle zone. The coach has all the soccer balls.

1. The team in possession look to pass/dribble/combine into attacking third and can be supported by 1 x team mate in the attacking third. Must be a combination in the attacking third before an attempt at goal. A defender can recover to create a 2v1.

**Variation:**  
One touch finish  
Two defenders go into the end zone

**Coaching points:**  
Movement, angles of support, body shape, scan the field, 1-2 touch mentality, receiving on the back foot, communication.



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**Area:** 40 x 45 playing area with two teams. Play 7 v 7 + GK. The field is split into three 15 yard zones. There are two small goals at one end and a large goal with a GK at the other.

1. Play 7v7 with Oranges attacking the small goals. Goals can only be scored in the attacking third.
2. Teams also score a goal when they combine 8 passes.

**Variations:**  
If a player scores, they join the other team. This makes the team that scored work harder when in and out of possession.

Play two touch  
**Coaching points:**  
Body shape (receive on back foot)  
Can we play forwards?  
First touch and quality passing  
Scan the playing field