



Created using SoccerTutor.com Tactics Manager

#### *Procedure:*

The teams play 8 v 8 on the large field, looking to score in the two small goals set on the opponent's end line. The teams earn one point for goals scored on the end line. At any time, the attacking team can pass or dribble into the small field set in the center (aka the 1 v 1 field), trying to score in the small goal FACING their end line. Whenever the ball is played into the 1 v 1 field, a defender runs in to stop the goal scoring chance and win possession, thus creating a scoring chance of his own. Balls played into the 1 v 1 field are worth one point AND any goal scored on the 1 v 1 field is worth two points. Games are played to 11 points.

#### *Coaching Points:*

- 1 Possession – Use the entire width and length of the field to pull defenders apart.
- 2 Movement – Passes made into the center will pull defenders in, opening up space on the flanks.
- 3 Attacking 1 v 1 – Attack defenders at speed and force them into poor decisions.

#### *Progressions/Regressions:*

Progression 1 – Play 8 v 8 plus two with goals and goalkeepers. The 1 v 1 field is taken out.