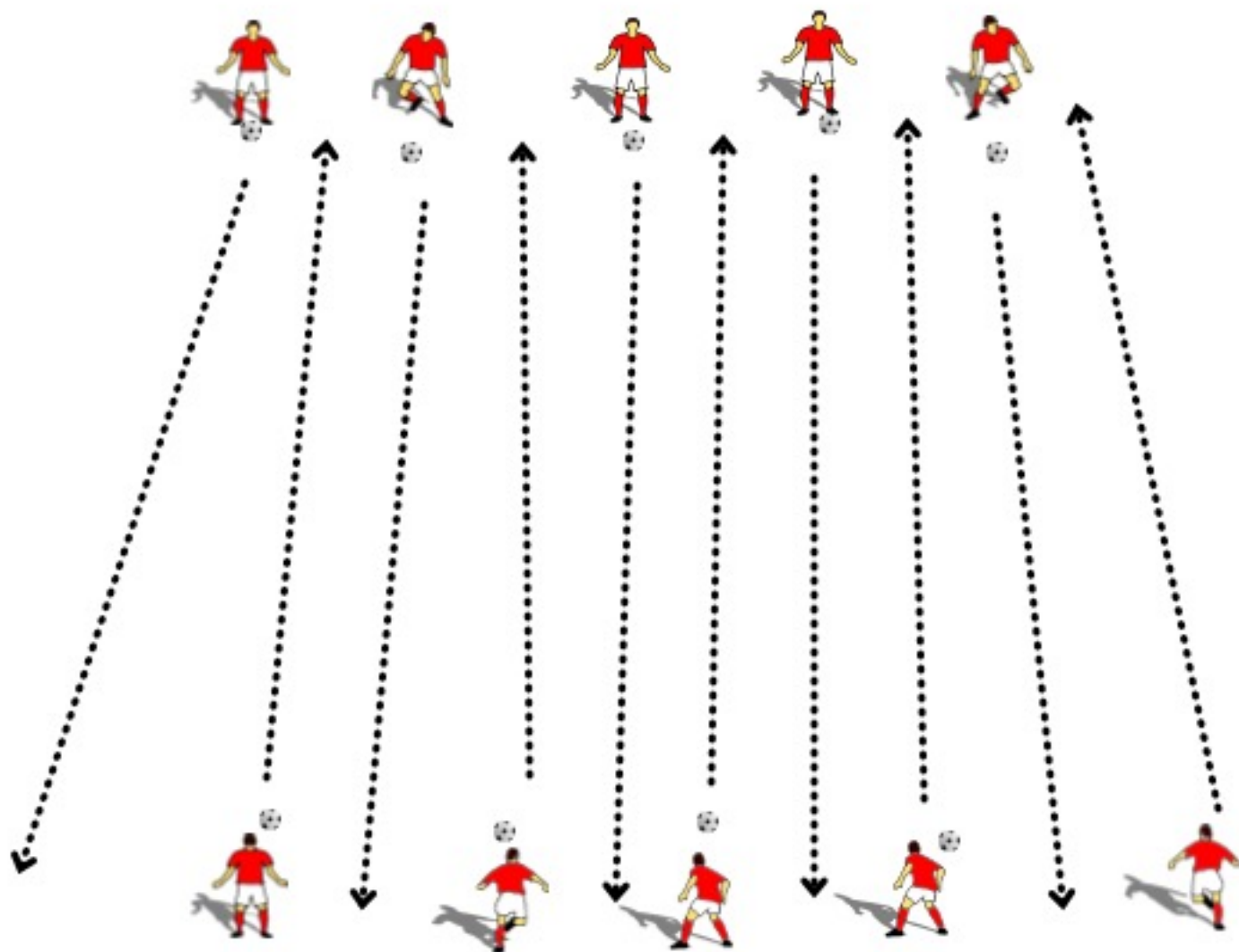




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Ball per player. Various dynamic & static stretches all done off a dribbling setup.