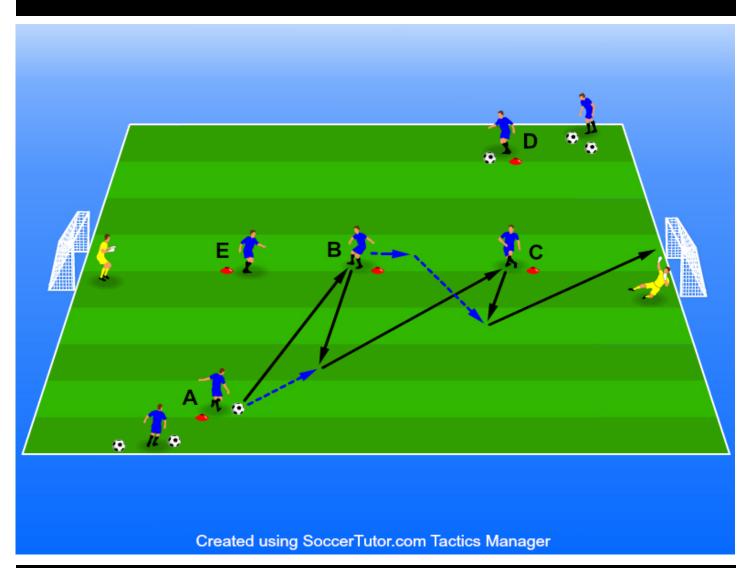
Set and Finish, Part 2



Procedure:

Player A begins the sequence with a double pass combination with Player B. After getting the ball back, Player A plays the ball up to Player C while Player B makes a run towards goal. Player C combines with Player B for a finish. Upon completion, the players rotate clockwise. When Player A reaches the center spot, he receives the first pass from Player D and runs the same sequence in the opposite direction. Player E then combines with Player A for the shot on goal. Upon completion, the players rotate clockwise as the drill continues with Player D making the run into the center.

Coaching Points:

- 1 Speed of Play Extra touches will slow down the sequence and throw the timing off.
- 2. The Finishing Run Hold your run at first so that you can adjust to the pass.
- 3 Finishing Angles The angle of your finishing run should allow you to shoot at all four corners.