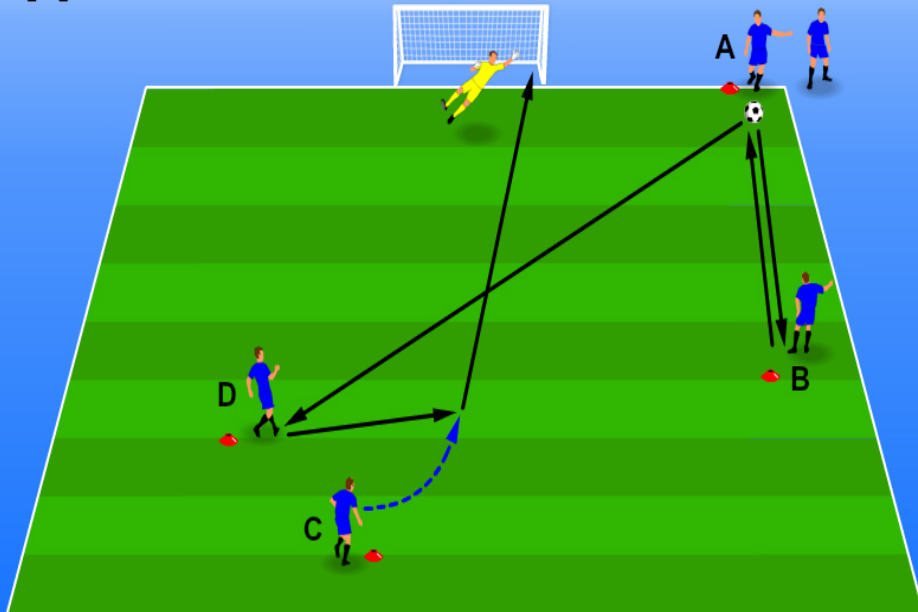
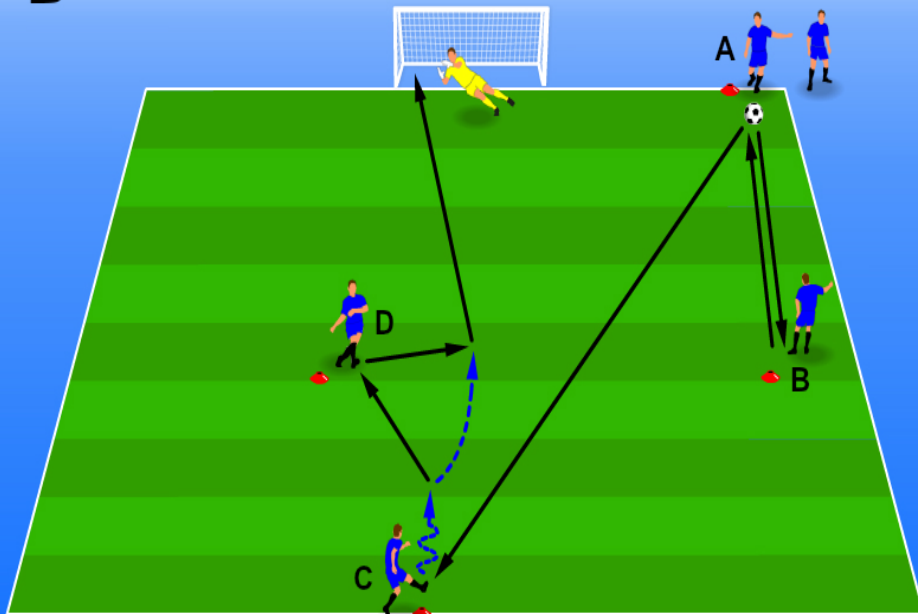


A



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B



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Procedure:

Part A: To begin the drill, Player A double passes with Player B, and then plays up to Player D. Player D lays the ball off for Player C to finish. During the drill, the players rotate from A to B to C to D to A.

Part B: To begin the drill, Player A double passes with Player B, and then plays up to Player C. Player C settles the ball and attacks with the dribble. When Player D shows for a pass, Player C passes to Player D, who lays the ball off for Player C to finish. After each ball, the players rotate from A to B to C to D to A.

Coaching Points:

- 1 **Passing** – Put your pass onto the correct foot of the receiver so that he can make a one touch pass in the direction that he's facing.
- 2 **Speed of Play** – Extra touches will slow the play down and make it difficult for the players to time their runs.
- 3 **Finishing Angles** – Your last dribble touch before finishing should allow you to shoot at all four corners of the goal.

Progressions:

- 1 **Add a Feeder** in the other corner to cross a ball in for Players C and D to finish.