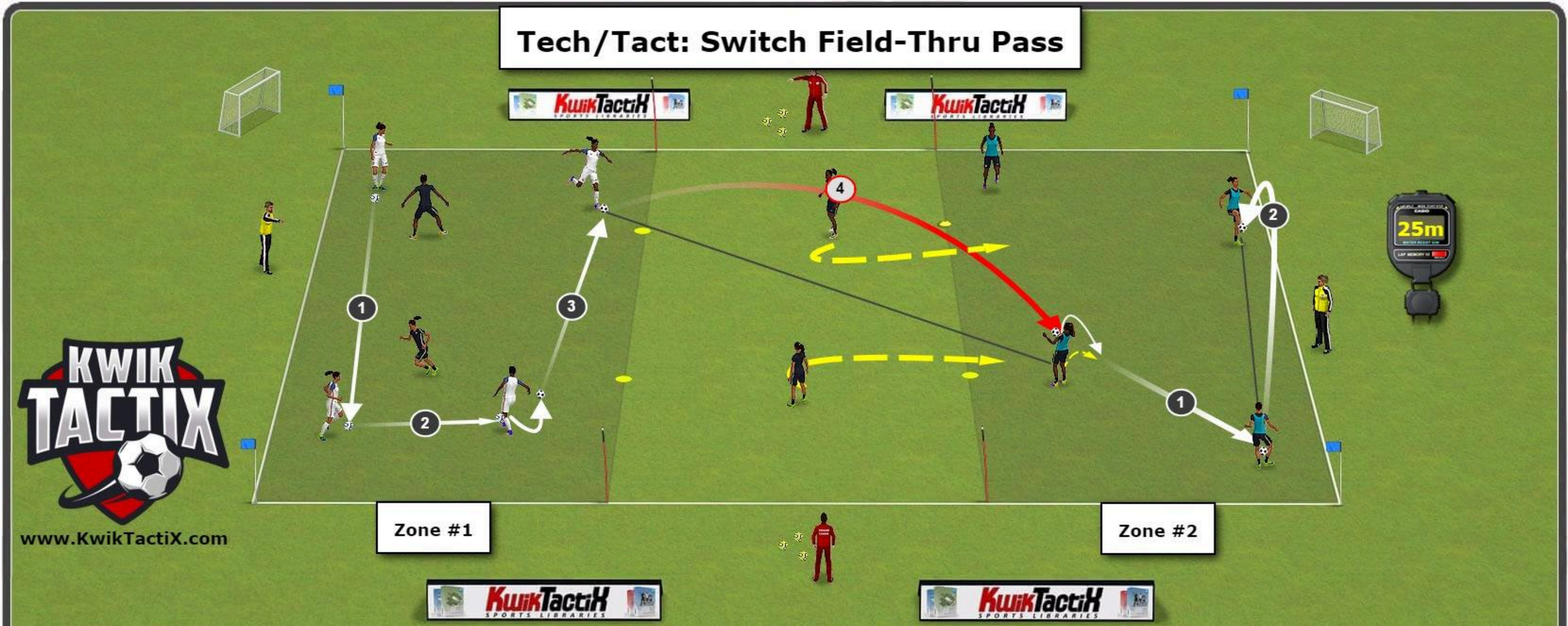
Tech/Tact: Switch Field-Thru Pass



KWIK TACTIX

www.KwikTactiX.com

"Great game for possession & passing/receiving skills & for getting players used to switching play away from danger."

Set-Up

3 teams-4 players-position as shown. Defenders are in the middle zone. Begin the game with 1 of the teams in the outer zones. Advance session by having 2-touch.

Sequence/Organization:

1. Team must make 4 passes & then try pass to opp outer Zone.
2. Defenders can try to win the ball from the team in the outer zone. Other 2 try & block passes through their zone.
3. With a successful pass to opposite zone, defenders must get back into their zone & other 2 must try to win the ball
4. If the defending team win the ball & play it back into their zone, they swap with the team they won the ball from

"Empower your own Creativity with Kwiktactix Interactive Technology."

Powered by Kwiktactix ...www.Kwiktactix.us