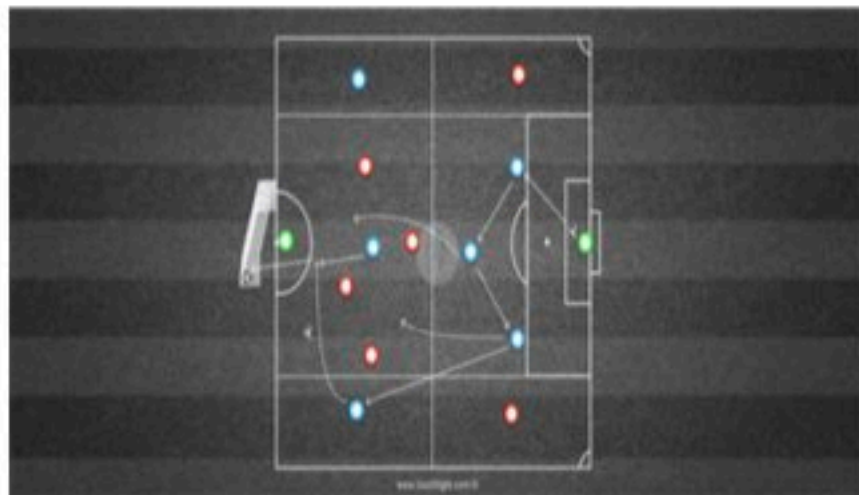


Combining Wide 2

1



2



Session Set-Up

2/3rds of pitch	Supply of footballs	2 big goals	Bibs
		3 small goals	8 blue
Half of pitch		Flat markers	9 red
			2 green

Session Detail

1SD; 8v6. Blues looking to create and combine in wide areas for a goal-scoring opportunity. If reds regain the ball they play into the 3 reds over the half-way line looking to score in the 3 small goals. Blues can recover to play 3v2 or 3v3 matched up.

2SD(2); 4v4+2Ws. Play starts from blue GK and blues look to combine and work the ball out to either blue Ws for a cross to score. If reds regain the ball reds play in opposite direction.

Competition Motivation	Practice 1 - play for 2 x 5 minutes (both teams) how many goals scored and that is the score for the practice 2 game.	
Individual Challenge	Try to create space and look to stretch opposing players so there are gaps/spaces to play through/around/over	
Unit/Team Challenge	As the team of 4 in practice 2 - look for combing opportunities early	Try to keep possession as a team looking to include all players in build up
Key Questions	Where can the ball be passed so you can look to combine effectively with the winger?	
Progressions	Swap roles - roles for all in practice 1	

4 Corners | Coaching Points

1. Quick tempo of passing	1. Have confidence to play through or around players with 1-touch
2. Movement to create 1-2s	2. Awareness of combinations early to set free the free man
3. Support player on ball	
1. Speed of movement and passes	1. Communication - VITAL
	2. Concentration on play to progress smoothly