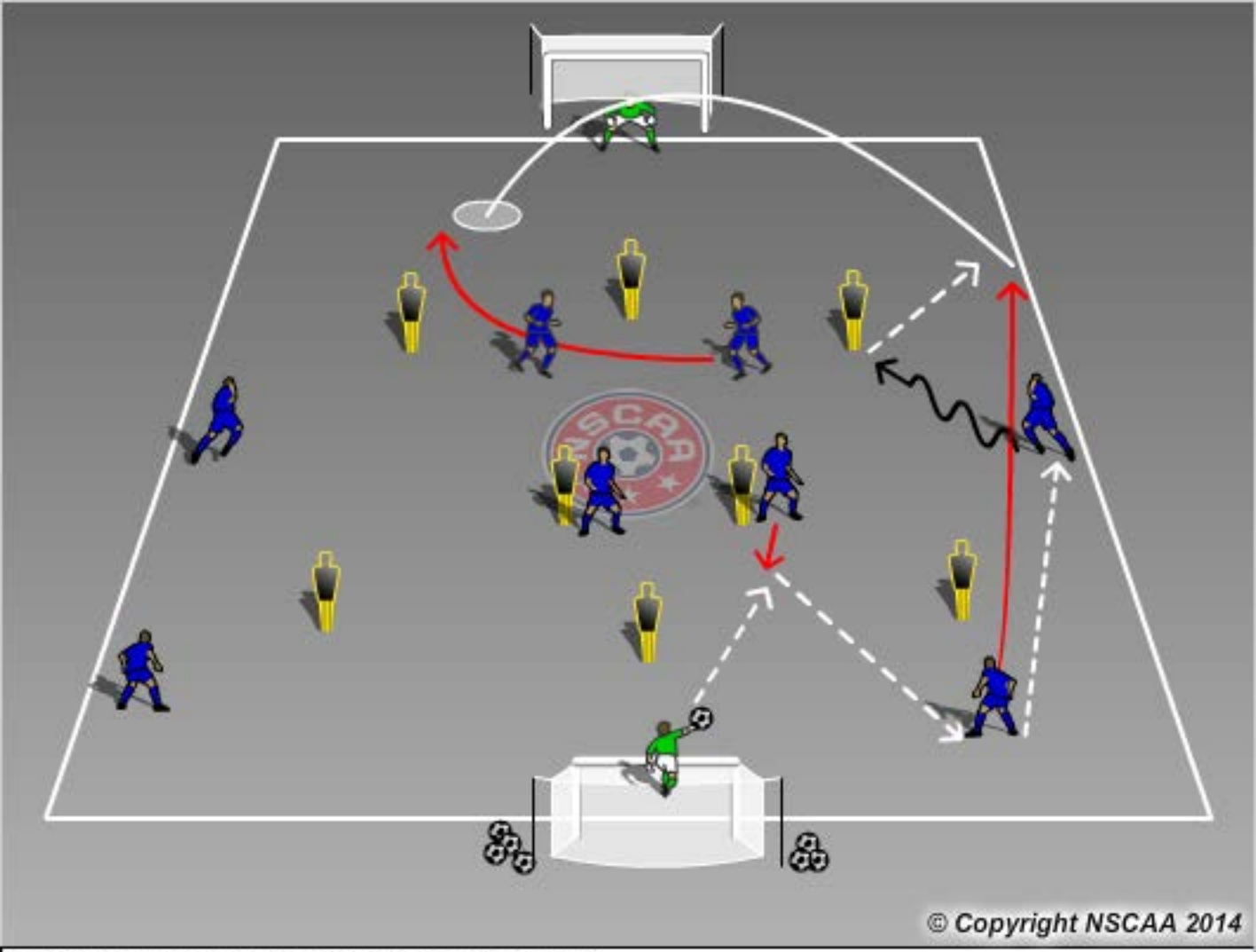

Pattern Play: Work right side then left.
Here....GK ball to checking mid, dropped to full back, forward to flank player who dribbles and plays pass to the overlapping run of full back, full back crosses to the away run of forward.