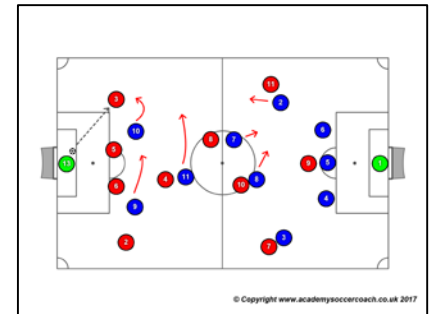
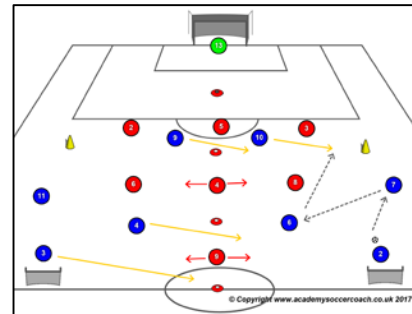
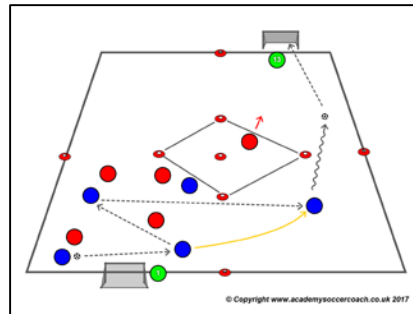
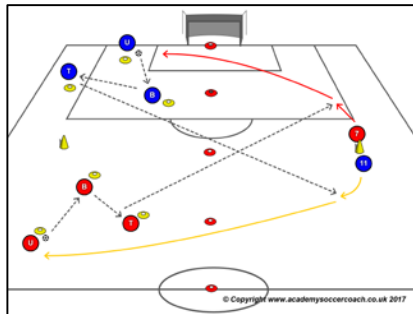


AGE or GROUP:	THEME:	FORMAT:	DATE:
NU WFC	ATTACKING: Switching play to Exploiting space; (Up, back & through) part 2	T → S → PoP → 11v11	9-3-17

4 Corners:	Key Questions:	Differentiation:	Buzz Words:
Attacking – switch of play	1. How was my through ball?	S – step	SWITCH UP
Awareness – of the switch of play	2. Are my passes quick to the intended player?	T – task	
Communication – non verbal	3. After my pass have I supported player on ball?	E – equipment	BACK THROUGH
Speed & tempo of the switch	4. What happens next when we are in final third?	P – players	

Practice 1: SoP – Technical	Practice 2: SoP – Full squad	Practice 3: SoP – PoP	Practice 4: SoP – 11v11
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Organisation:	Organisation:	Organisation:	Organisation:
<p>Half pitch practice – full squad – 16 players.</p> <p>Up, Back & Through.</p> <p>Players pass forward, then back, then through to switch ball into diagonal opposite to the on running player in the diagonal square.</p> <p>Both reds and blues go simultaneously.</p> <p>Practice is continuous.</p>	<p>Possession practice.</p> <p>4v4 in 1 square.</p> <p>From the technical practice players keep possession to attract/move players in one square.</p> <p>Once they have done this, the opportunity for the switch is on. Once the receiving player has the ball they have a chance to score in the goal.</p> <p>If reds regain possession the red player who is in the defending diamond moves into diagonal square so reds can keep possession and every player moves over too.</p>	<p>Phase of play practice.</p> <p>Same as squad practice.</p> <p>All blues play in 1 half of the pitch, apart from 1 blue (no.11). No. 4&9 in red can move across into both squares.</p> <p>Blues passing sequence is Up, back & through to try to exploit weak side of the pitch for the switch of play in any square.</p> <p>Practice continues.</p>	<p>11v11 practice.</p> <p>Trying to use the previous practices in the 11v11 game.</p>

Key Coaching Points:	1. PASSING	2. MOVEMENT	3. SUPPORT PLAYERS with	4. PRODUCTIVITY
	Quality; weight, selection & accuracy	Creating space – ind. to receive	Combine, 1-2s, wall passes	Quality of finish