

*Procedure:*

Three central players (starting inside of the center circle) make runs towards the corners to combine with the outside players on wall passes, sending them to the next corner. After making the 1st pass, the central players return to the center. Outside players rotate counter-clockwise during the drill and the central players rotate clockwise in order to cover all four corners of the grid (Diagram A).

In the second part of the drill (Diagram B), a fourth central player is added and TWO balls are passed around the grid at the same time. The outside players continue to rotate counter-clockwise. The central players may continue to rotate clockwise OR they can work in pairs, running diagonally across the grid. With this choice, each pair covers two of the corners.

Coaching Points:

- 1 Communication – Initiate each wall pass with a verbal command.
- 2 Setting the Wall – Hold the run until the attacker is ready to make the first pass.
- 3 Speed of Play – Look to play one touch passes whenever possible.

Progressions:

- 1 Use three central players with two balls.