

3 Zone Activity: GK+3 vs. 2 in each end zone. 2 vs. 2 in middle zone. Game is played so that if a pass is completed into the next zone for that possession one player may move ahead a zone. Play resets after an attack. Here as the ball is played by red into the middle zone player #1 advances. As player #1 passes ahead player #2 releases into the attacking zone.