

6. Crossing & Finishing with Side Zones + 5v4/5v8 Transition Game



Balls 1-2 (Crossing & Finishing)



Practice Description

- 1st Ball (1-2). Y5 passes to R1, then R1 passes out wide to R5, who moves forward to receive within the left side zone.
- 3-4. R2, R3 & R4 make runs into the box and R1 moves into position for a possible cut back. In this example, R1 delivers a cross into the front post area for R3 to score.
- 2nd Ball (5-6). After the 1st ball phase is complete, all of the red players drop back into position. Y5 passes the new ball to R4, and then R4 passes out wide to R6, who moves forward to receive within the right side zone.
- 7-8. The same type of runs are made. In this example, R6 moves forward with the ball and delivers a cross into the front post area for R3 to score again.

Source: Jürgen Klopp's Liverpool training session at AXA Training Centre, Liverpool - 16th November 2021

