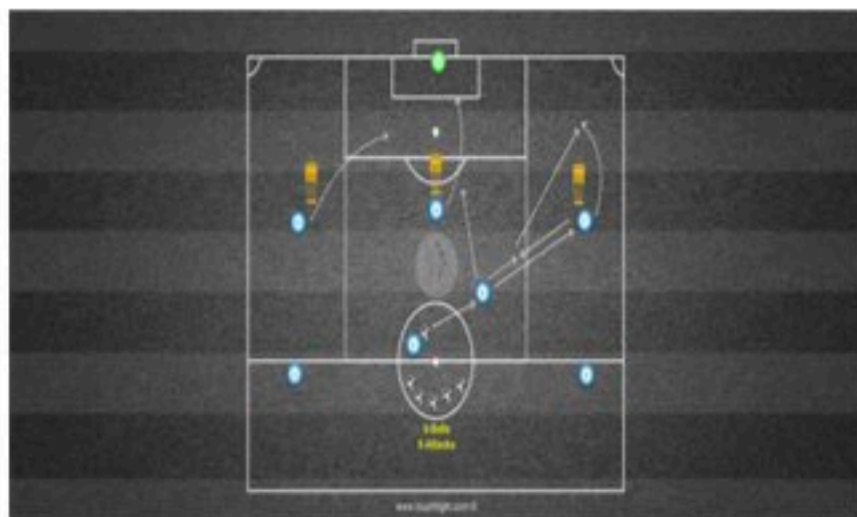
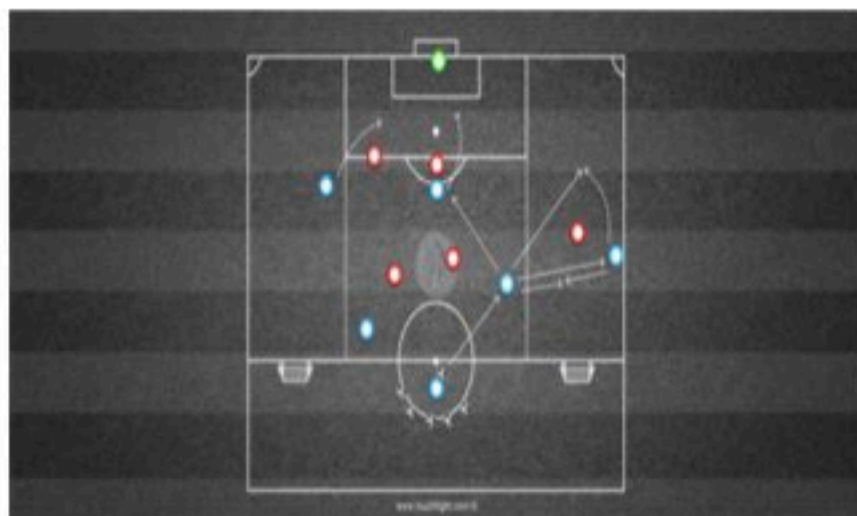


Combining Wide

1



2



Session Set-Up

Half of pitch	Supply of footballs	3 mannequins 1 big goal 2 small goals	Bibs 7 blue 5 red 1 green
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Session Detail

1TP; blues looking to combine in wide areas for a cross to finish on at goal. 6 balls 6 attacks.

2SD; blues looking to take practice 1 with them into practice 2 same but live game, live pressure. Blues start from the deep lying CM who plays in then can join in the session.

If reds regain possession they look to score into the 2 smaller wide goals acting as Ws.

Competition Motivation	6 balls 6 attacks competition to see how man goals in a time limit
Individual Challenge	Try to use the speed of the ball for a touch-lay off
Unit/Team Challenge	Try to build up patiently to work openings Score more than opponents
Key Questions	As a team to we build before looking to combine effectively?
Progressions	Work both sides and add in #2 and #3 players for overlapping FBs - practice 1

4 Corners | Coaching Points

1. Passing selection	1. Deciding when and where to build then combine
2. Movement to support to build possession	2. Awareness/scanning for build up and then combine
3. Combining to play centrally then progress to combining in wide areas - over/around	
1. Speed of pass	1. Communication - VITAL throughout
2. Powerful runs to overlap defender	