



SESSION PLAN / PROGRESSION

- 1 Combos to Goal, #6
- 2 Combos to Goal, #7
- 3 2 v 1 to Goal, #1

4 4 v 3 → 3 v 2

5 Free Play, 9 v 9 to 11 v 11

NOTES: Play the starting strikers and mids versus the starting backs.

TECHNICAL/TACTICAL OBJECTIVES

- 1 Create scoring chances with accurate passes.
- 2 Look to finish quickly, deal with the goalkeeper.
- 3 Time the runs to goal correctly.

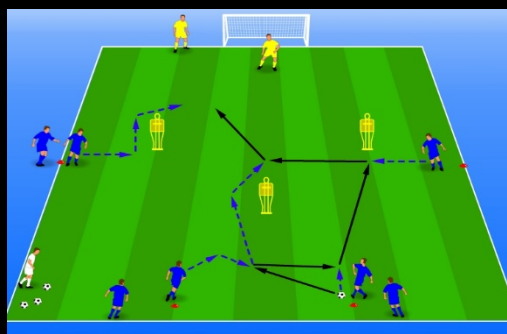
COACHING POINTS

- 1 Show for the pass at the last possible moment.
- 2 Read what the defender is giving you.
- 3 Change your mind if a combo closes down.

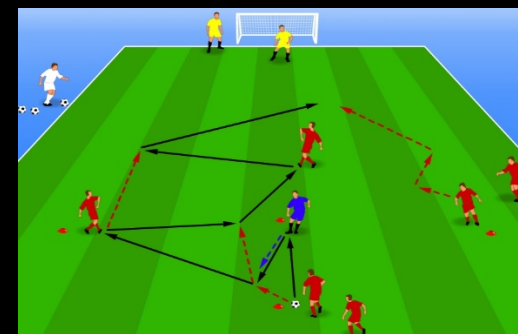
QUESTIONS/TOPICS/NOTES

Can we play to feet in tight spaces? Are we forcing the shooter out wide or giving him a good angle? Is the goalkeeper cutting our passes out? Do we look up and deal with the keeper or just hit the ball towards goal?

1



2



3



4

