

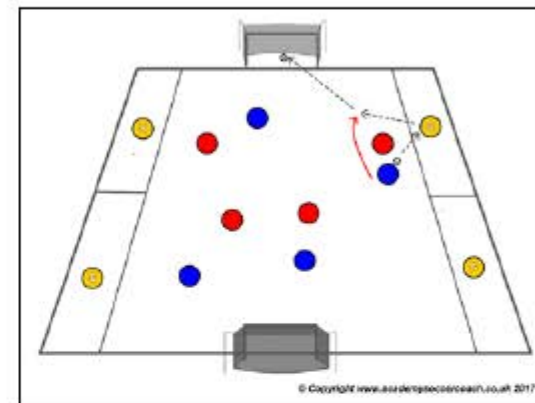
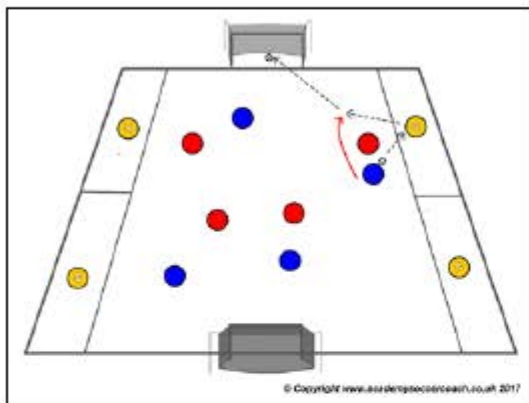
COACHING SESSION PLANNER

Date: 13/01/2017

Theme: Dribbling, with the wall pass to act as support

Format: W → P → W

Learning Objective: To be able to use the wall pass successfully when required to do so when there is support



Practice 1: 4v4+4 SSG

Organisation:

Supportive winger SSG.
The Orange players support whoever is on the ball with a wall pass.
Once a player has done this they can score.

Progressions:
Roles for all.

Challenges:
1. Try to receive in a position to see both goals and 2 SWs.
2. Try to play forward as often as possible and use the SWs.

Questions:
1. How might you help your team mate on the ball?
2. When would be the right time to use your SW?

Planned Interventions from KCPs:

1. Player shows incorrect technique linked with RELEASE and RECEIVE.
2. Player shows correct opportunities linked to RUN-WITH and RETAIN.

Practice 2: Wall pass (technical)

Organisation:

Red and Blue players pass ball into opposite attacker.
The attacker tries to beat the defender by using any 2 of the supportive wall passers. Practice is continuous.

Progressions:
Roles for all.

Planned interventions:
1. Players shows incorrect timing when to use SW.
2. Players show hesitation to attack.

4 Corner Conditions:

Dribbling & Passing	Character
Speed & Tempo	Communication

Key Coaching Points:

RELEASE	RECEIVE
RUN-WITH	RETAIN

Practice 3: 4v4+4 SSG

Organisation:

Supportive winger SSG.
The Orange players support whoever is on the ball with a wall pass.
Once a player has done this they can score.

Progressions:
Roles for all.

Challenges:
1. Try to receive in a position to see both goals and 2 SWs.
2. Try to play forward as often as possible and use the SWs.

Questions:
1. How might you help your team mate on the ball?
2. When would be the right time to use your SW?

Planned Interventions from KCPs:

1. Player shows incorrect technique linked with RELEASE and RECEIVE.
2. Player shows correct opportunities linked to RUN-WITH and RETAIN.