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Procedure:

To begin the drill, Player A looks to combine with Player D or E, as Player B comes to the ball (as a passive defender). Player A walls with Player D (or E), and then passes the ball up to Player C. Player A then goes to the ball and plays passive defense. Player C combines with Players D or E and the pattern continues. Every 30-60 seconds, the players rotate to new positions.

Coaching Points:

- 1 Decision Making – Player A must commit the defender by attacking him at speed with the dribble.
- 2 Speed of Play – Accelerate after making the first pass and run by the defender.
- 3 Support Play – The wall player should set up slightly behind the defender, out of his field of vision.

Progressions/Regressions:

Progression 1 – All players are limited to one touch.