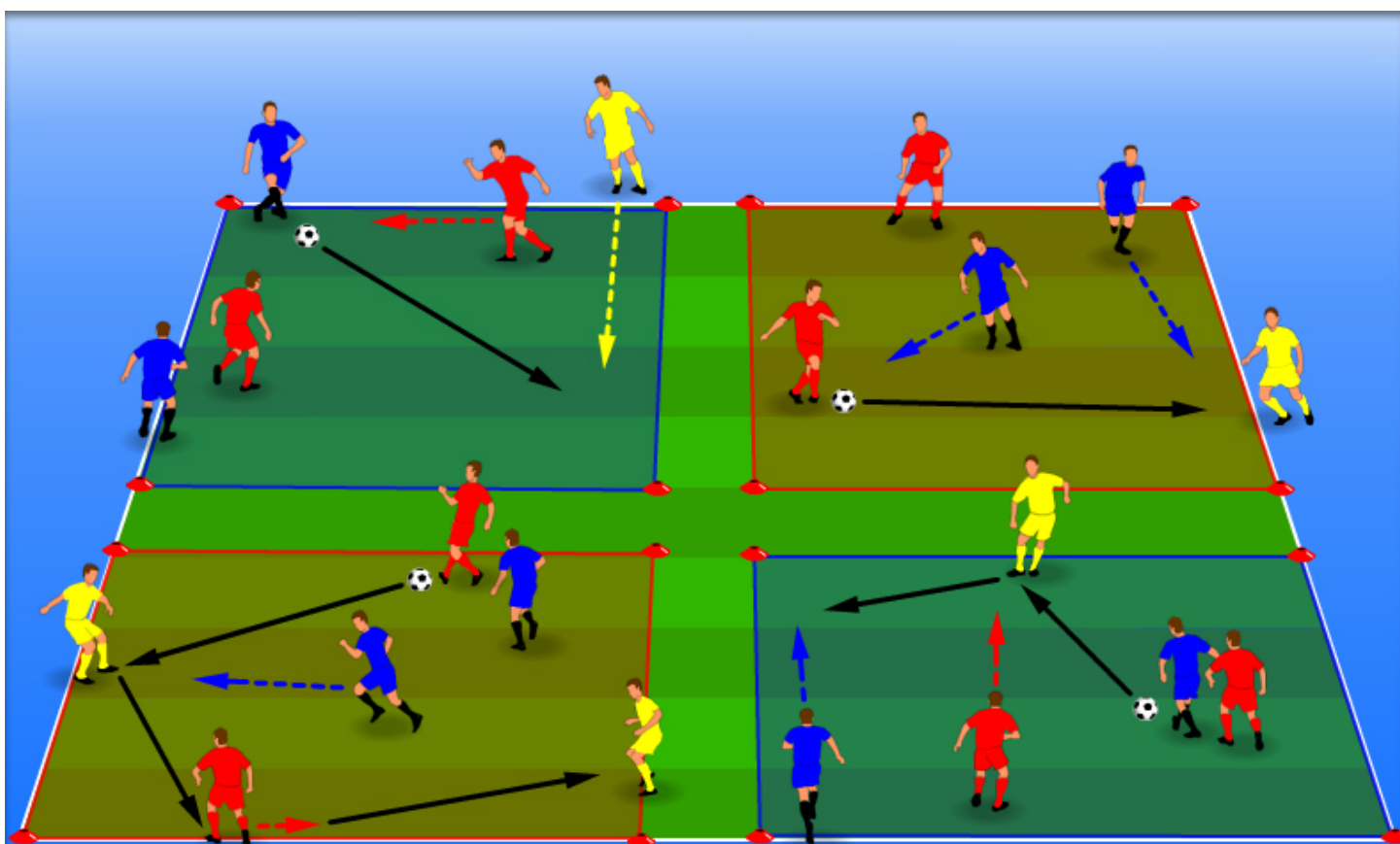


3 v 2 or 4 v 2, Four Times

Small Sided

Possession



Created using SoccerTutor.com Tactics Manager

***Procedure:***

In four separate grids, the players start 2 v 2 inside of each grid. Five neutral players circulate between the grids and can join in with any of the attacking pairs, creating a 3 v 2 or a 4 v 2 inside of that grid. With a change of possession, the neutral player can remain at that grid or switch to a different one. One point is scored by the attacking team by putting together ten consecutive passes, and the winner is determined by totaling up the scores from all four grids.

***Coaching Points:***

- 1 Speed of play – Attackers must play in a one and two touch rhythm to relieve pressure.
- 2 Movement off the ball – Read the defender's run and show early. Don't hide in dead space.
- 3 Anticipation - Pick your head up and look for your passing options BEFORE you receive.

***Progressions/Regressions:***

Progression 1 – The neutral players are limited to one touch.