



**Procedure:** The first player in each line combines to send one of the players to goal, and the other player becomes the defender. They play 1 v 1 to completion, and then the next pair begins. There are four different combinations that the players can use.

Part A – Overlap    Part B – Wall Pass    Part C – Double Pass    Part D – Takeover or Heel Pass

**Coaching Points:**

- 1 Attacking – Take the dribble in behind the defender and get in a good shielding position.
- 2 Finishing – Take the last dribble touch to the side in order to create a good shooting angle.
- 3 Positive First Touch – The dribble should go towards the center. Do not fade to the outside.

**Progression 1:** Add an attacker and a defender and play 2 v 2 to goal.