Finishing, RWTB Circuit

Fundamental

Dribbling, Finishing



Procedure:

At the start, GK 4 throws out wide to Player B, who runs with the ball towards the opposite goal. Player A – who had just taken a shot at the other goal – tries to cut off his run. Player B runs by Player A and finishes. After the shot, GK 2 outlets to Player C as Player D makes an overlapping run from the end line. Player C takes his dribble inside, and then plays the ball to the outside for Player D to finish. After shooting, Player D immediately runs after the outlet pass from GK 2, trying to cut off the player's run to goal. During the drill, the players rotate from A to B to D. Player C stays at his passing spot until he is replaced by the coach.

Coaching Points:

- 1 First Touch When receiving the outlet, Player B takes his first touch forward, right at the goal.
- 2 RWTB Touch the ball with your toe pointed down, using the shoelaces. Push it straight ahead.
- 3 Finishing On a breakaway, create a shooting angle with your last dribble touch.

Progression: No Player D. After shooting, Player B makes the overlapping run on the other side.