



## DRILLS AND GAMES

- 1 Takeover Shuttle
- 2 2 v 2 to Goal, #9
- 3 1 v 1 Plus One Grids

4 5 v 5, Central Zone

5 Free Play, 9 v 9

Notes: Group the midfielders together thru the entire practice.

## TECHNICAL/TACTICAL OBJECTIVES

- 1 Recognize when to run out of the space.
- 2 Use verbal and visual cues during the combo.
- 3 Use the fake effectively, accelerate out of combo.

## COACHING POINTS

- 1 When the dribbler comes towards you, it's on.
- 2 The receiver yells "Leave!" before taking the ball.
- 3 When faking the takeover, kick up the knee.

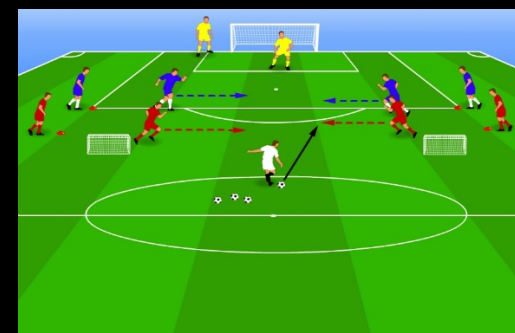
## QUESTIONS/TOPICS/NOTES

When a player dribbles at a teammate, do they run out of the space or do they stand still? Is the dribble on the outside of the foot? Do they know when and how to fake the combo? Is the communication clear?

1



2



3



4

