

Y Drill. 3 player pattern around mannequins. Player 1 preps ball to right, Player 2 shows around the mannequin, receives pass, drops ball back to Player 1 and spins away. Player 1 plays back to Player 2 who then passes to Player 3.

spins away. Player 1 plays back to Player 2 who then passes to Pla Players rotate positions, repeat to other side.